## School Health Survey 2009-2010

| 1. Please Answer the Following Questions: |  |  |  |
| ---: | :--- | :--- | :--- |
|  |  | Response <br> Percent | Response <br> Count |
| District Name |  |  | $100.0 \%$ |


| 2. Preparer Information |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  | Response Percent | Response Count |
| Name of Preparer | $\square$ | 100.0\% | 1,058 |
| Title of Preparer | $\square$ | 99.8\% | 1,056 |
| Phone Number of Preparer | $\square$ | 99.9\% | 1,057 |
| Email Address of Preparer | $\square$ | 99.7\% | 1,055 |
|  | answere | question | 1,058 |
| skipped question |  |  | 2 |

## 3. School Health Advisory Council (SHAC) Information


4. District Fitness Assessment Testing Coordinator Information

5. Please list the members that make up your SHAC.

|  | Response <br> Count |
| ---: | ---: |
| answered question | $\mathbf{1 , 0 3 6}$ |
| skipped question | $\mathbf{2 4}$ |

6. How many times did your district's SHAC meet during the 2008-1009 school year? (one or two numeric digits only)

|  |  | Response <br> Count |  |
| :---: | :---: | :---: | :---: |
|  |  |  | 1,036 |
|  | answered question | 1,036 |  |
| skipped question | 24 |  |  |

7. Has your district implemented any policy, program, or practice as a result of the SHAC making a recommendation?

8. If yes, what topics were addressed? (check all that apply)

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Health education curriculum | $\square$ | 59.3\% | 460 |
| Coordinated school health program adoption | $\square$ | 46.9\% | 364 |
| Recess |  | 23.2\% | 180 |
| Staff needs | $\square$ | 26.7\% | 207 |
| Wellness policies | $\square$ | 60.2\% | 467 |
| Physical activity requirements in grades K-8 |  | 42.3\% | 328 |
| Off-campus physical activity programs | $\square$ | 10.7\% | 83 |
| School menu/nutrition services | $\square$ | 54.9\% | 426 |
| Adaptations for special populations in physical education |  | 8.6\% | 67 |
| Fundraising | $\square$ | 9.3\% | 72 |
| Parent involvement | $\square$ | 41.0\% | 318 |
| Other (please specify) | $\square$ | 25.9\% | 201 |
|  |  | answered question | 776 |
|  |  | skipped question | 284 |

## 9. What is your district's policy for meeting the elementary school physical activity requirements?


10. What is your district's policy for meeting the middle/junior high school physical activity requirement?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| 30 minutes/day for four semesters in physical education |  | 44.5\% | 457 |
| 225 minutes/two weeks for four semesters in physical education |  | 20.1\% | 206 |
| Four semesters of physical activity in alternative programs | $\square$ | 2.7\% | 28 |
| A mixture of physical education and alternative programs | 1 | 15.7\% | 161 |
| Other (please specify) |  | 20.6\% | 211 |
|  |  | answered question | 1,026 |
|  |  | skipped question | 34 |

11. Of the following, which topics were addressed on your district's website and handbook? (check all that apply)


12. Has your district adopted policies to ensure that campuses comply with agency vending machine and food service guidelines for restricting student access to vending machines?

|  |  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| Yes |  |  | 95.9\% | 984 |
| No |  |  | 4.1\% | 42 |
|  |  | answered question |  | 1,026 |
|  |  | skipped question |  | 34 |

13. Does your district have a policy prohibiting physical activity as a form of punishment?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Yes |  | 30.6\% | 314 |
| No |  | 69.6\% | 714 |
|  |  | answered question | 1,026 |
| skipped question |  |  | 34 |

14. Has your district adopted policies and procedures that prescribe penalties for the use of tobacco products by students and others on campuses or at school-sponsored or school-related activities?

|  |  |  | Response <br> Percent | Response <br> Count |
| :---: | ---: | ---: | ---: | ---: |
| Yes | $\square$ |  | $97.0 \%$ | 995 |
| No | $\square$ |  | $3.0 \%$ | 31 |



| 16. What Coordinated School Health Program is your district implementing in middle and/or junior high schools? |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  | Response Percent | Response Count |
| Bienestar | $\square$ | 4.1\% | 42 |
| CATCH | $\square$ | 43.0\% | 441 |
| Healthy \& Wise/SPARK | $\square$ | 24.8\% | 254 |
| None | $\square$ | 24.8\% | 254 |
| District-developed (if checked, you must also check the next box and provide a date approved by TEA) | $\square$ | 3.4\% | 35 |
| Provide date approved by TEA | $\square$ | 5.0\% | 51 |
| answered question |  |  | 1,026 |
| skipped question |  |  | 34 |

17. Does your district require health education as a graduation requirement for high school in all graduation plans for the 2009-2010 school year?

|  |  |  |  | Response <br> Percent |
| ---: | ---: | ---: | ---: | ---: |
| Yes | Response <br> Count |  |  |  |
| No | $\square$ |  | $80.8 \%$ | $\mathbf{8 2 9}$ |
|  |  |  |  | $19.2 \%$ |

18. Does your district plan to require health education as a graduation requirement for high school in all
graduation plans for the 2010-2011 school year? graduation plans for the 2010-2011 school year?

|  |  |  | Response <br> Percent | Response <br> Count |
| ---: | ---: | ---: | ---: | ---: |
| Yes | $\boxed{ }$ |  | $66.7 \%$ | 684 |
| No | $\square$ |  | $33.4 \%$ | 343 |
|  |  |  | answered question | 1,026 |
|  |  |  | skipped question | 34 |

19. Does your district offer health education in middle school?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Yes |  | 72.6\% | 745 |
| No |  | 27.6\% | 283 |
|  |  | answered question | 1,026 |
|  |  | skipped question | 34 |

20. List the date of the letter sent to parents/guardians regarding human sexuality instruction, as required by SB283, TEC 28.004.

|  |  |  | Response <br> Percent | Response <br> Count |
| :---: | :---: | :---: | :---: | :---: |
| Date letter mailed | $\square$ | $100.0 \%$ | 1,016 |  |
|  |  |  | answered question | 1,016 |
|  |  | skipped question | 4 |  |

21. What school health-related assessment tools does your district use? (check all that apply)

|  |  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| FITNESSGRAM |  |  | 97.8\% | 994 |
| ActivityGram | $\square$ |  | 2.9\% | 29 |
| District-developed | $\square$ |  | 5.5\% | 56 |
| PECAT | ] |  | 0.5\% | 5 |
| HECAT | 】 |  | 0.4\% | 4 |
| School Health Index | $\square$ |  | 9.3\% | 94 |
| School Capacity Building Toolkit | I |  | 0.2\% | 2 |
| Other (please specify) | $\square$ |  | 3.4\% | 35 |
|  |  | answered question |  | 1,016 |
|  |  | skipped question |  | 44 |

22. Who conducts your district's or school's fitness assessment? (check all that apply)

|  |  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| Physical education teacher |  | $\square$ | 97.8\% | 994 |
| Dance instructor |  |  | 7.9\% | 80 |
| School nurse | $\square$ |  | 26.3\% | 267 |
| Classroom teacher |  |  | 15.9\% | 162 |
| Parents | $\square$ |  | 2.2\% | 22 |
| Outside hospital | \| |  | 0.2\% | 2 |
| Marching band director |  |  | 9.8\% | 100 |
| Cheerleading/drill team sponsor | $\square$ |  | 8.6\% | 87 |
| College students | $\square$ |  | 1.8\% | 18 |
| Hired consultants | $\square$ |  | 0.8\% | 8 |
| Other (please specify) | $\square$ |  | 16.9\% | 172 |
|  |  | answered question |  | 1,016 |
|  |  | skipped question |  | 44 |

23. What is the average class size of your elementary physical education classes?

24. What is sthe average size of your middle/junior high physical education classes?

25. What is the average size of your high school physical education classes?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| 1-25 students | $\square$ | 48.4\% | 492 |
| 26-40 students | - | 33.6\% | 341 |
| 41-60 students |  | 7.7\% | 78 |
| $61-80$ students | $\square$ | 2.3\% | 23 |
| More than 80 students | $\square$ | 0.7\% | 7 |
| District does not have a high school campus | L | 7.9\% | 80 |
|  |  | answered question | 1,016 |
|  |  | skipped question | 44 |

26. Of the physical education courses offered in your district grades $\mathrm{K}-12$, what percentage is taught by a certified physical education teacher?


27. Indicate if your district collects statistics and data on any of the following health issues. (check all that apply)

|  | Yes | No | Response Count |
| :---: | :---: | :---: | :---: |
| Asthma | 52.0\% (484) | 48.3\% (450) | 931 |
| Diabetes | 53.0\% (493) | 47.3\% (440) | 931 |
|  |  | answered question | 937 |
|  |  | skipped question | 123 |

28. Indicate if your district staff attends or needs training or staff development on any of the following topics. (check all that apply)

|  | Attends | Needs | Response Count |
| :---: | :---: | :---: | :---: |
| Teen pregnancy/STD prevention/abstinence | 81.0\% (640) | 24.9\% (197) | 790 |
| Suicide prevention | 73.6\% (545) | 30.7\% (227) | 740 |
| Family violence | 69.9\% (494) | 33.5\% (237) | 707 |
| Positive youth development | 79.8\% (603) | 24.1\% (182) | 756 |
| Child abuse and neglect | 84.8\% (687) | 19.5\% (158) | 810 |
| Pedestrian and traffic safety | 59.5\% (338) | 42.3\% (240) | 568 |
| Care of students with diabetes (required by HB 9840) | 87.5\% (756) | 15.6\% (135) | 864 |
| Eligibility and benefits of CHIP/Medicaid | 69.5\% (469) | 32.1\% (217) | 675 |
|  |  | answered question | 937 |
|  |  | skipped question | 123 |

29. Does your district use a teen pregnancy/STD prevention/abstinence program/curriculum?

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes | 63.2\% | 592 |
| No (if no, skip to \#31) | 37.1\% | 348 |
|  | answered question | 937 |
| skipped question |  | 123 |

30. What teen pregnancy/STD prevention/abstinence program/curriculum do you use?

|  | Response <br> Count |
| :---: | ---: |
| answered question | 593 |
| skipped question | 467 |

31. Does your district have a policy for addressing HIV prevention education?

32. If yes, which of the following does your policy address? (check all that apply)

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Bloodborne Pathogens |  | 82.1\% | 469 |
| Abstinence | [ | 76.9\% | 439 |
| Risk Reduction | $\square$ | 55.7\% | 318 |
|  |  | answered question | 571 |
|  |  | skipped question | 489 |

33. What percent of your campuses have a full-time registered nurse?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| less that 25\% | $\square$ | 41.9\% | 393 |
| 26\%-50\% | $\square$ | 14.3\% | 134 |
| 51\%-75\% |  | 7.0\% | 66 |
| 76\%-99\% |  | 6.4\% | 60 |
| All |  | 30.4\% | 285 |
|  |  | answered question | 937 |
|  |  | skipped question | 123 |

34. What percent of your campuses have a trained Unlicensed Diabetes Care Assistant as outlined in the Diabetes Council guidelines? (HB984)

35. What percent of your campuses have integrated CPR instruction into high school health education courses? (SB7)

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| less than 25\% |  | 43.3\% | 406 |
| 26\%-50\% | $\square$ | 5.5\% | 52 |
| 51\%-75\% | $\square$ | 2.1\% | 20 |
| 76\%-99\% | $\square$ | 1.7\% | 16 |
| All |  | 47.4\% | 444 |
|  |  | answered question | 937 |
|  |  | skipped question | 123 |


37. The Child Nutrition and WIC Reauthorization Ace of 2004 requires that each school district participating in the School Meals Program shall establish a local wellness policy. Has your district started the required plan for measuring the implementaion of your local wellness policy.

|  |  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| Yes |  |  | 90.3\% | 846 |
| No |  |  | 8.2\% | 77 |
| N/A (our district does nor accept federal funding for reimbursable meals) | $\square$ |  | 1.9\% | 18 |
|  |  | answered question |  | 937 |
|  |  | skipped question |  | 123 |

38. As a result of measuring the implementation of your local wellness policy, has your district had to update or amend your local wellness policy?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Yes | $\square$ | 33.4\% | 313 |
| No |  | 66.9\% | 627 |
|  |  | answered question | 937 |
|  |  | skipped question | 123 |

39. How many of the campuses in your district have a Parent Teacher Association (PTA) healthy lifestyles chair?

|  | Response Average | Response Total | Response Count |
| :---: | :---: | :---: | :---: |
| (If none, enter 0) | 1.18 | 1,105 | 937 |
|  | answered question |  | 937 |
|  | skipped question |  | 123 |

40. Approximately how many students with asthma are served in your district each year?

|  | Response Average | Response Total | Response Count |
| :---: | :---: | :---: | :---: |
| (If none, enter 0) | 207.41 | 194,340 | 937 |
|  | answered question |  | 937 |
|  | skipped question |  | 123 |

41. Does your district support the use of its recreation facilities (e.g., gyms, fields, tracks, courts, recreation equipment, etc.), by the public before/after school hours?

|  |  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| Yes |  |  | 91.5\% | 857 |
| No |  |  | 8.5\% | 80 |
|  |  | answered question |  | 937 |
|  |  | skipped question |  | 123 |

42. Do any campuses in your district have a school garden?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Yes | - | 45.6\% | 427 |
| No | $\square$ | 54.5\% | 511 |
| answered question |  |  | 937 |
| skipped question |  |  | 123 |

