

1. Please Answer the Follov	ving Questions:	
	Response Percent	Response Count
District Name	100.0%	681
County-District Number	99.1%	675
	answered question	681
	skipped question	0

# 2. Please indicate the Education Service Center Region(s) in which your district or charter receives training. (Mark all that apply.)

	Response Percent	Response Count
1	4.3%	29
2	4.4%	30
3	5.0%	34
4	7.0%	48
5	3.2%	22
6	4.0%	27
7	9.1%	62
8	4.7%	32
9	2.1%	14
10	9.5%	65
11	6.8%	46
12	6.9%	47
13	8.7%	59
14	4.8%	33
15	3.2%	22
16	5.6%	38
17	6.5%	44
18	2.5%	17
19	1.2%	8
20	7.3%	50

Other (if not applicable, please specify)

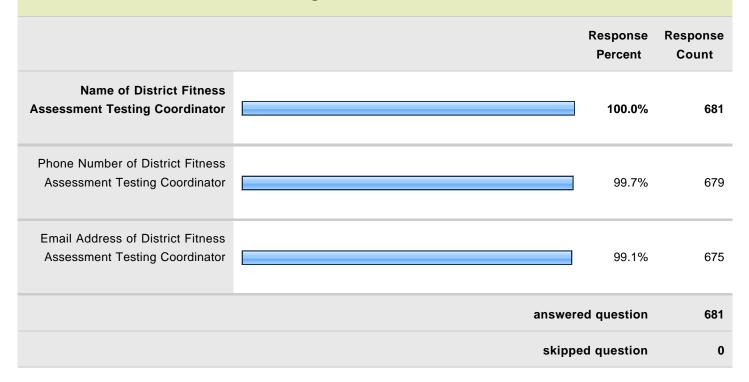
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### **3. Preparer Information** Response Response Percent Count Name of Preparer 100.0% 681 **Title of Preparer** 100.0% 681 Phone Number of Preparer 100.0% 681 Email Address of Preparer 99.6% 678 answered question 681 skipped question 0

4. School Health Advisory C	ouncil (SHAC) Information		
		Response Percent	Response Count
Name of SHAC District Contact		100.0%	681
Phone Number of SHAC District Contact		98.8%	673
Email Address of SHAC District Contact		98.5%	671
Name of Required PARENT SHAC District Chair or Co-Chair		96.8%	659
Phone Number of Required PARENT SHAC DISTRICT Chair or Co-Chair		93.1%	634
Email Address of Required PARENT SHAC District Chair or Co-Chair		83.3%	567
	a	nswered question	681
		skipped question	0

### 5. District Fitness Assessment Testing Coordinator Information



### 6. What types of campuses does your district or charter serve? (Mark all that apply.)

	Respon Percer	-
Elementary	95.4	4% 650
Middle School/Jr. High	91.2	2% 621
High School	89.7	7% 611
Other (please specify)	24.5	5% 167
	answered questi	on 681
	skipped questi	on 0

7. Indicate the number of campuses that exist in your district for each of the following categories:

	Response Percent	Response Count
Elementary	93.1%	634
Middle School/Jr. High	89.1%	607
High School	89.1%	607
Other (please specify)	33.3%	227
	answered question	681
	skipped question	0

8. List the members of your SHAC:	
	Response Count
	681
answered question	681
skipped question	0

9. In your district, are members of the following groups represented on any school health council, committee, or team? (Mark all that apply.)

	Respons Percen	
Businesses	55.7	% 379
Community members	80.9	% 551
Faith-based organizations	25.7	
Health education teachers	63.3	% 431
Health services staff (e.g., school nurses)	86.8	% 591
Library/media center staff	8.2	% 56
Local government agencies	24.7	% 168
Local health departments, agencies, or organizations	38.3	% 261
Maintenance and transportation staff	11.3	% 77
Mental health or social services staff	33.5	% 228
Nutrition or food service staff	78.1	% 532
Parents or families of students	92.2	% 628
Parent Teacher Association or Organization	41.0	% 279
Physical education teachers	74.7	% 509
School administrators	87.8	% 598
Student body	32.3	% 220
Technology staff	11.9	% 81
	answered question	on 681
	skipped question	on O

### 10. Has your district SHAC received any formal training related to development, recruitment, leadership, policy improvement strategies, etc.? Response Response Percent Count Yes 59.2% 403 No (If no, skip to #12.) 40.8% 278 answered question 681 skipped question 0

### 11. If you responded "yes" to question #10, who provided that training? (Mark all that apply.)

	Response Percent	Response Count
Centers for Disease Control and Prevention	2.7%	11
Department of State Health Services	13.4%	54
Education Service Center	75.4%	303
School District	33.8%	136
Texas Association of Health, Physical Education, Recreation and Dance	4.7%	19
Texas Education Agency	14.4%	58
	Other (please specify)	26
	answered question	402
	skipped question	279

### 12. How many times did your district's SHAC meet during the 2010-2011 school year?

	Response Percent	Response Count
0	4.7%	32
1	6.2%	42
2	8.8%	60
3	6.5%	44
4	56.7%	386
5	8.2%	56
6	4.0%	27
7	1.6%	11
8	0.7%	5
9	1.2%	8
10	0.6%	4
11	0.1%	1
12	0.4%	3
More than 12	0.3%	2
	answered question	681
	skipped question	0

# 13. Has your school district implemented a policy, program, or practice as a result of school Health Advisory Council (SHAC) recommendation? Response Percent Response Percent Response Council Yes 77.4% 527 No (If no, skip to #15.) 1 22.6% 154 Implemented a policy, program, or practice as a result of school Health Advisory Council

skipped question

0

# 14. If you responded "yes" to question #13, what topics were addressed? (Mark all that apply.)

	Response Percent	Response Count
Adaptations for Special Populations in Physical Education	5.5%	29
Asthma Action Plan	10.8%	57
Bullying	41.9%	222
Coordinated School Health Programming	47.7%	253
Fitness Assessment Data	34.3%	182
Fitness Assessment Requirements	28.9%	153
Fundraising	8.9%	47
Health Education Curriculum	53.0%	281
High School Graduation Requirements	15.8%	84
HIV Policy (Practice, Universal Precautions, Curricula)	10.2%	54
Off-campus Physical Activity Programs	10.6%	56
Parental Involvement	34.0%	180
Physical Activity Requirements in Kindergarten to Grade 8	30.0%	159
Recess	24.3%	129
Safe Routes to School	6.2%	33
School Menu/Nutrition Services	54.3%	288
Staff Professional Development	20.6%	109
Suicide Prevention	10.9%	58
Teen Pregnancy Prevention	34.2%	181

Tobacco Use and Prevention	26.8%	142
Wellness Policies	55.1%	292
Other (please specify)	20.2%	107
	answered question	530
	skipped question	151

### 15. Has your school board made policy changes because of a SHAC recommendation?

Response Count	Response Percent	
261	38.3%	Yes
420	61.7%	No
681	answered question	
0	skipped question	

# 16. What is your district's policy for meeting the elementary school physical activity requirements?

	Response Percent	Response Count
30 minutes/day for all grade levels	25.0%	170
30 minutes/day for some grade levels, 135 minutes/week for others	14.4%	98
135 minutes/week for all grade levels	32.6%	222
More than 135 minutes/week	8.7%	59
More than 150 minutes/week	15.4%	105
Other (please specify)	5.9%	40
	answered question	681
	skipped question	0

# 17. What is your district's policy for meeting the middle/junior high school physical activity requirement?

	Response Percent	Response Count
30 minutes/day in physical education for four semesters	43.0%	293
225 minutes/two weeks in physical education for four semesters	23.1%	157
Four semesters of physical activity in alternative programs	3.7%	25
A mixture of physical education and alternative programs	14.4%	98
Other (please specify)	18.9%	129
	answered question	681
	skipped question	0

### 18. Does your district require that at least 50 percent of physical education courses provide moderate to vigorous physical activity for each participating student?

	Response Percent	Response Count
Yes	93.7%	638
No	5.3%	36
Other (if not applicable, please specify)	1.0%	7
	answered question	681
	skipped question	0

### 19. Does your district provide recess in elementary school?

	Response Percent	Response Count
Yes	93.7%	638
No	2.1%	14
Other (please specify)	4.3%	29
	answered question	681
	skipped question	0

# 20. Does your district assess the fitness levels of only those students in grades 3-12 who are enrolled in a physical education class or substitute?

	Response Percent	Response Count
Yes (If yes, skip to #22.)	82.4%	561
No	14.8%	101
Other (please specify)	2.8%	19
	answered question	681
	skipped question	0

21. If your district assesses students outside of physical education classes and substitutes, please indicate all grade levels for which you assess additional students.

		Response Percent	Response Count
3		43.8%	56
4		43.8%	56
5		45.3%	58
6		53.9%	69
7		60.2%	77
8		66.4%	85
9		85.2%	109
10		89.8%	115
11		89.8%	115
12		89.8%	115
	answer	ed question	128
	skipp	ed question	553

# 22. Of the following, which topics were addressed on your district's website and/or handbook? (Mark all that apply.)

	Handbook	Website	Response Count
Bullying	97.6% (649)	69.2% (460)	665
Elementary physical activity policy	92.8% (538)	66.2% (384)	580
Food allergy notification	93.0% (502)	59.6% (322)	540
Human sexuality curriculum information	90.5% (427)	62.9% (297)	472
Immunization requirements	92.9% (613)	80.3% (530)	660
Meningitis vaccination requirements for college students	84.4% (357)	71.9% (304)	423
Middle school physical activity policy	90.6% (489)	66.3% (358)	540
Parental access to student's fitness assessment results	89.8% (406)	63.5% (287)	452
Restrictions on vending machines/food service usage	91.3% (511)	64.8% (363)	560
School Health Advisory Council information	78.9% (457)	82.4% (477)	579
Suicide prevention	85.4% (315)	62.3% (230)	369
Tobacco use and prevention	96.1% (587)	64.2% (392)	611
Other	85.2% (52)	72.1% (44)	61
		If other (please explain)	43
		answered question	681
		skipped question	0

23. Does your district have a policy prohibiting physical activity from being used as a form of punishment?

	Response Percent	Response Count
Yes	40.4%	275
No	59.6%	406
	answered question	681
	skipped question	0

### 24. Are all of the campuses in your district established as "tobacco-free" (including for students, staff, parents, visitors, etc.)?

	Response Percent	Response Count
Yes	99.7%	679
No	0.3%	2
Other (please specify)	0.0%	0
	answered question	681
	skipped question	0

25. Has your district adopted policies and procedures that prescribe penalties for the use of tobacco products by students and others on campuses or at school-sponsored or school-related activities?

Response Count	Response Percent	
655	96.2%	Yes
26	3.8%	No
681	answered question	
0	skipped question	

26. Which Coordinated School Health Program is your district implementing in elementary schools?

	Response Percent	Response Count
Bienestar	5.9%	40
САТСН	52.9%	360
Great Body Shop	11.2%	76
SPARK/Healthy & Wise	17.5%	119
Other (If not applicable, please explain.)	16.4%	112
	answered question	681
	skipped question	0

# 27. Which Coordinated School Health Program is your district implementing in middle and/or junior high schools?

	Response Percent	Response Count
Bienestar	5.0%	34
САТСН	47.6%	324
SPARK/Healthy & Wise	23.9%	163
Other (If not applicable, please explain.)	25.6%	174
	answered question	681
	skipped question	0

 28. Does your district require health education as a graduation requirement for high school year?
 school year?

 Second Health and Second Year
 Response Percent
 Response Count

 Year
 School Year
 School Year
 School Year

 Not Applicable (please explain)
 Image: School Year
 School Year
 School Year

681	answered question	
0	skipped question	

### 29. Does your district offer health education in middle school?

	Response Percent	Response Count
Yes	69.2%	471
No	25.7%	175
Not Applicable (please explain)	5.1%	35
	answered question	681
	skipped question	0

# 30. Indicate the date your district sent the letter to parents/guardians regarding human sexuality instruction (per TEC §28.004).

Response Count	Response Percent	
681	100.0%	Date letter mailed
681	answered question	
0	skipped question	

# 31. Which school health-related assessment tools does your district use? (Mark all that apply.)

	Response Percent	Response Count
ActivityGram	2.3%	16
District-developed	4.4%	30
FITNESSGRAM once annually	83.1%	566
FITNESSGRAM pre- and post- testing	26.1%	178
Health Education Assessment Tools (HECAT)	1.6%	11
Healthy School Report Card (Association for Supervision and Curriculum Development)	1.0%	7
Physical Education Assessment Tools (PECAT)	1.9%	13
School Health Index	9.4%	64
Other (please specify)	5.3%	36
	answered question	681
	skipped question	0

# 32. Does your district have a policy in place for addressing the measures taken to ensure student safety in a physical education class with a student to teacher ratio greater than 45 to 1 (per TEC §25.114)?

	Response Percent	Response Count
Yes	61.7%	420
No	20.9%	142
Other - please specify (if not applicable, please explain)	19.2%	131
	answered question	681
	skipped question	0

# 33. Are the physical education courses offered in your district taught by certified physical education teachers?

Response Count	High School	Middle School/Jr. High	Elementary	
658	92.1% (606)	94.2% (620)	94.2% (620)	Yes
34	35.3% (12)	29.4% (10)	67.6% (23)	No
34	38.2% (13)	32.4% (11)	67.6% (23)	More than half
6	16.7% (1)	83.3% (5)	66.7% (4)	Less than half
8	plicable (please explain)	Not Ap		
681	answered question			

skipped question 0

# 34. Indicate if your district collects statistics and data on any of the following health issues (mark all that apply).

	Yes	Νο	Response Count
Asthma	67.4% (441)	32.9% (215)	654
Diabetes	69.2% (454)	31.3% (205)	656
Food Allergy	70.4% (455)	29.9% (193)	646
Immunizations	82.3% (557)	18.5% (125)	677
Obesity	47.5% (271)	52.7% (301)	571
Oth	er (please specify any other health-rel	ated statistics your district collects)	36

answered question	681
skipped question	0

# 35. Indicate if your district staff attends or needs training or staff development on any of the following topics (mark all that apply).

	Attends	Needs	Response Count
Abstinence	77.3% (323)	25.8% (108)	418
Abstinence Plus	51.8% (132)	50.2% (128)	255
Alcohol and Drug Use	86.2% (432)	18.2% (91)	501
Asthma Training	87.3% (421)	15.1% (73)	482
Bullying	93.6% (596)	15.2% (97)	637
Care of Students with Diabetes (Required by HB 984)	92.7% (581)	11.0% (69)	627
Child Abuse and Neglect	89.9% (517)	13.7% (79)	575
Child and Adolescent Development	78.2% (273)	23.5% (82)	349
Coordinated School Health Programming	84.1% (418)	20.7% (103)	497
Eligibility and Benefits of CHIP/Medicaid	74.2% (291)	28.3% (111)	392
Family Violence	69.5% (264)	33.4% (127)	380
Fitness Assessment	93.9% (489)	8.8% (46)	521
Injury Prevention	86.6% (369)	15.7% (67)	426
Nutrition	90.0% (468)	12.7% (66)	520
Pedestrian and Traffic Safety	64.6% (195)	37.4% (113)	302
Positive Youth Development	73.5% (278)	31.0% (117)	378
STD Prevention	77.5% (314)	26.7% (108)	405
Suicide Prevention	75.4% (361)	30.9% (148)	479
Teen Pregnancy Prevention	74.9% (347)	29.8% (138)	463
Tobacco Use and Prevention	86.0% (394)	17.2% (79)	458

24

427

219

39

answered question	681
skipped question	0

### 36. Does your district have a policy for addressing HIV prevention education? Response Response Percent Count Yes 62.7% No (If no, skip to #38.) 32.2% In process of developing a policy 5.7% or educational program

Not Applicable (please explain)	0.4%	3
	answered question	681
	skipped question	0

### 37. Which of the following does your HIV Prevention Education policy address? (Mark all that apply.)

Percent Count   ostinence 79.7%   oathogens 78.4%   cathogens 78.4%   cathogens 59.3%   cathogens 2.4%   for specify 2.4%   cathogens 467			
Pathogens 78.4% 366 Reduction 59.3% 277 e specify) 2.4% 11 answered question 467		-	Response Count
Reduction       59.3%       277         e specify)       2.4%       11         answered question       467	Abstinence	79.7%	372
e specify) 2.4% 11 answered question 467	Bloodborne Pathogens	78.4%	366
answered question 467	Risk Reduction	59.3%	277
	Other (please specify)	2.4%	11
skipped question 214		answered question	467
		skipped question	214

38. Has your school district adopted and implemented a policy that addresses maintaining confidentiality of HIV-infected students and staff and the procedures to protect HIV-infected students and staff from discrimination?

Response Count	Response Percent	
438	64.3%	Yes
245	36.0%	No
681	answered question	
0	skipped question	

### **39.** Does your district use a teen pregnancy/STD prevention/abstinence program or curriculum?

	Response Percent	Response Count
Yes	62.7%	427
No (If no, skip to #41.)	37.3%	254
	answered question	681
	skipped question	0

40. Which teen pregnancy/STD prevention/abstinence program or curriculum does you district use?	
	Response Count
	433
answered question	433
skipped question	248

### 41. Does your district implement the Parenting and Paternity Awareness (P.A.P.A.) Program in health education classes?

Response Count	Response Percent	
448	65.8%	Yes
233	34.2%	No
36	Other or Not Applicable (please specify)	
681	answered question	

skipped question 0

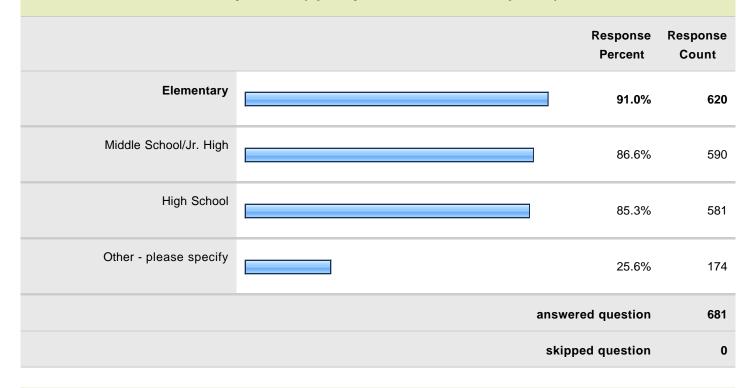
# 42. What percent of the campuses in your district employ full-time registered nurses (RNs)?

	Elementary	Middle School/Jr. High	High School	Response Count
None	47.9% (136)	17.3% (49)	34.9% (99)	284
1% - 10%	30.2% (13)	30.2% (13)	39.5% (17)	43
11% - 25%	26.8% (15)	33.9% (19)	39.3% (22)	56
26% - 50%	51.0% (49)	26.0% (25)	22.9% (22)	96
51% - 75%	57.9% (55)	16.8% (16)	25.3% (24)	95
76% - 99%	45.5% (60)	31.8% (42)	22.7% (30)	132
All Campuses	54.1% (173)	9.7% (31)	36.3% (116)	320
Not Applicable	40.3% (29)	23.6% (17)	36.1% (26)	72
			answered question	681
			skipped question	0

# 43. What percent of the campuses in your district employ full-time licensed vocational nurses (LVNs)?

	Elementary	Middle School/Jr. High	High School	Response Count
None	52.8% (211)	14.5% (58)	32.8% (131)	400
1% - 10%	32.1% (18)	35.7% (20)	32.1% (18)	56
11% - 25%	53.7% (29)	25.9% (14)	20.4% (11)	54
26% - 50%	57.3% (43)	18.7% (14)	24.0% (18)	75
51% - 75%	60.8% (31)	17.6% (9)	21.6% (11)	51
76% - 99%	39.0% (23)	45.8% (27)	15.3% (9)	59
All Campuses	50.9% (84)	18.8% (31)	30.3% (50)	165
Not Applicable	53.1% (76)	20.3% (29)	26.6% (38)	143
			answered question	681
			skipped question	0

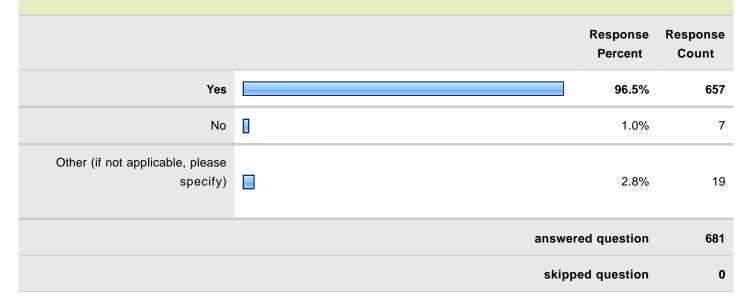
44. How many campuses in your district have trained unlicensed diabetes care assistants as outlined in the Diabetes Council Guidelines and in accordance with Section 168.005 of the Texas Health and Safety Code? (specify the number of campuses)



### 45. Has your district implemented the School Meals Program and established a local wellness policy?

	Response Percent	Response Count
Yes	97.5%	664
Not Applicable (Our district does not accept federal funding for reimbursable meals.)	1.8%	12
No (please explain)	0.9%	6
	answered question	681
	skipped question	0

# 46. Has your school district adopted policies to ensure that campuses comply with the Texas Department of Agriculture (TDA) vending machine and food service guidelines for restricting student access?



# 47. Has your district initiated the required plan for measuring the implementation of your local wellness policy?

Response Count	Response Percent	
554	81.4%	Yes
125	18.4%	No (If no, skip to #49.)
8	1.2%	Not Applicable (Our district does not accept federal funding for reimbursable meals)
681	answered question	
0	skipped question	

# 48. As a result of measuring the implementation of your local wellness policy, which of the following has your district addressed?

Response Percent	Response Count
Increased opportunities for students to be physically active 64.5%	363
Increased opportunities for students to select and consume healthier foods and/or snacks	503
Improved access to fresh fruits and vegetables (e.g. implementing a farm to school program or fruit and vegetable snack program) 55.1%	310
Other (please specify) 4.4%	25
answered question	563
skipped question	118

# 49. In which of the following capacities does your school district involve youth?

	Response Percent	Response Count
Campus Advisory Committees	50.2%	342
Curriculum Development	8.8%	60
School Board	14.4%	98
SHAC	41.0%	279
Other - please specify (if not applicable, please explain)	31.7%	216
	answered question	681
	skipped question	0

# 50. What percent of the campuses in your district have a Parent Teacher Association (PTA) Healthy Lifestyles Chair?

	Elementary	Middle School/Jr. High	High School	Response Count
None	64.3% (296)	8.5% (39)	27.2% (125)	460
1% - 10%	44.4% (24)	33.3% (18)	22.2% (12)	54
11% - 25%	60.0% (18)	23.3% (7)	16.7% (5)	30
26% - 50%	58.3% (14)	20.8% (5)	20.8% (5)	24
51% - 75%	58.8% (10)	23.5% (4)	17.6% (3)	17
76% - 99%	68.8% (22)	18.8% (6)	12.5% (4)	32
All Campuses	81.4% (96)	7.6% (9)	11.0% (13)	118
Not Applicable	47.3% (71)	26.0% (39)	26.7% (40)	150
			answered question	681
			skipped question	0

51. Does your district allow the use of its recreational facilities (e.g., gyms, fields, tracks, courts, recreation equipment, etc.) by the public before and/or after school hours?

	Response Percent	Response Count
Yes	91.9%	626
No	6.6%	45
Not Applicable (please explain)	2.2%	15
	answered question	681
	skipped question	0

# 52. Do any campuses in your district have a school garden? Response Percent Response Percent Response Count Yes 48.9% 333 No 51.1% 348 Generation of the second school garden 51.1% 681 Yes skipped question 61

53. Does your district bullying policy include specific information on the following (mark all that apply):

	Response Percent	Response Count
Bullying based on gender	77.1%	525
Bullying based on race/ethnicity	76.2%	519
Bullying based on sexual orientation/identity	67.1%	457
Bullying based on physical characteristics	72.4%	493
Cyberbullying	82.5%	562
Other - please specify (if not applicable, please explain)	14.5%	99
	answered question	681
	skipped question	0

# 54. Does your school district integrate bullying prevention education in one or more of its required subject areas?

Response Count	Response Percent	
511	77.9%	Yes
145	22.1%	No
27	Other (if not applicable, please specify)	
656	answered question	
25	skipped question	

### 55. Does your district notify the parent/guardian of a child who is the victim of bullying?

	Response Percent	Response Count
Yes	98.7%	672
No	1.5%	10
	Other (if not applicable, please specify)	9
	answered question	681
	skipped question	0

# 56. Of the following health-related topics, which are addressed in each of your district's campus improvement plans?

	Elementary	Middle School/Jr. High	High School	Response Count
Bullying Prevention	96.6% (568)	89.8% (528)	86.2% (507)	588
Bullying Intervention	94.6% (477)	87.9% (443)	86.3% (435)	504
Coordinated School Health	94.5% (428)	88.1% (399)	74.4% (337)	453
Fitness Assessment	93.2% (436)	86.8% (406)	81.0% (379)	468
Physical Activity	95.2% (415)	86.7% (378)	75.2% (328)	436
Parental Involvement	97.4% (626)	90.8% (584)	88.8% (571)	643
Tobacco Use	84.2% (351)	86.6% (361)	87.1% (363)	417
Violence Prevention	86.5% (431)	90.0% (448)	89.4% (445)	498
Violence Intervention	85.9% (348)	87.2% (353)	89.4% (362)	405
		Other (please specify to	ppic and campus level)	38

answered question	681

skipped question 0