## 1. Please Answer the Following Questions:


2. Please indicate the Education Service Center Region(s) in which your district or charter receives training. (Mark all that apply.)

|  |  |  | Response <br> Percent |
| ---: | :--- | ---: | :--- |
| 1 | $\square$ | Response <br> Count |  |
| 2 | $\square$ | $4.3 \%$ | 29 |
| 3 | $\square$ | $\square$ | $4.4 \%$ |

## 3. Preparer Information



## 4. School Health Advisory Council (SHAC) Information



## 5. District Fitness Assessment Testing Coordinator Information

$\left.\begin{array}{rrrrr} & & \begin{array}{c}\text { Response } \\ \text { Rercent }\end{array} \\ \text { Name of District Fitness } \\ \text { Count }\end{array}\right\}$
6. What types of campuses does your district or charter serve? (Mark all that apply.)

7. Indicate the number of campuses that exist in your district for each of the following categories:

| Elementary |  | Response <br> PercentResponse <br> Count |  |
| ---: | :--- | :--- | :--- |
| Middle School/Jr. High |  |  | $93.1 \%$ |

8. List the members of your SHAC:

## 9. In your district, are members of the following groups represented on any school health

 council, committee, or team? (Mark all that apply.)|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Businesses | $\longrightarrow$ | 55.7\% | 379 |
| Community members | $\square$ | 80.9\% | 551 |
| Faith-based organizations | $\square$ | 25.7\% | 175 |
| Health education teachers | - | 63.3\% | 431 |
| Health services staff (e.g., school nurses) | $\square$ | 86.8\% | 591 |
| Library/media center staff | $\square$ | 8.2\% | 56 |
| Local government agencies | $\square$ | 24.7\% | 168 |
| Local health departments, agencies, or organizations | In | 38.3\% | 261 |
| Maintenance and transportation staff | $\square$ | 11.3\% | 77 |
| Mental health or social services staff | - | 33.5\% | 228 |
| Nutrition or food service staff |  | 78.1\% | 532 |
| Parents or families of students | $\square$ | 92.2\% | 628 |
| Parent Teacher Association or Organization | $\square$ | 41.0\% | 279 |
| Physical education teachers |  | 74.7\% | 509 |
| School administrators |  | 87.8\% | 598 |
| Student body | $\square$ | 32.3\% | 220 |
| Technology staff | $\square$ | 11.9\% | 81 |

10. Has your district SHAC received any formal training related to development, recruitment, leadership, policy improvement strategies, etc.?

|  | Response <br> Percent | Response <br> Count |  |
| ---: | :--- | ---: | :--- |
| No (If no, skip to \#12.) | Yes |  | $59.2 \%$ |

11. If you responded "yes" to question \#10, who provided that training? (Mark all that apply.)
$\left.\left.\begin{array}{rrrr}\text { Centers for Disease Control and } \\ \text { Prevention }\end{array}\right) \quad \begin{array}{r}\text { Response } \\ \text { Percent } \\ \text { Count }\end{array}\right)$
12. How many times did your district's SHAC meet during the 2010-2011 school year?

13. Has your school district implemented a policy, program, or practice as a result of a School Health Advisory Council (SHAC) recommendation?

|  | Response <br> Percent | Response <br> Count |  |
| ---: | :--- | ---: | :--- |
| No (If no, skip to \#15.) | Yes |  |  |

14. If you responded "yes" to question \#13, what topics were addressed? (Mark all that apply.)
$\left.\begin{array}{rrrrr} & & & \begin{array}{c}\text { Response } \\ \text { Percent }\end{array} \\ \text { Responnt }\end{array}\right)$

15. Has your school board made policy changes because of a SHAC recommendation?

| Yes |  | Response <br> Percent | Response <br> Count |
| :--- | :--- | :--- | :--- | :--- |
| No | $\square$ | $38.3 \%$ |  |

16. What is your district's policy for meeting the elementary school physical activity requirements?
\(\left.$$
\begin{array}{rlrl}\hline & & \begin{array}{c}\text { Response } \\
\text { Percent }\end{array} & \begin{array}{c}\text { Response } \\
\text { Count }\end{array}
$$ <br>

\hline 30 minutes/day for all grade levels \& \& \& 25.0 \%\end{array}\right]\)| 170 |
| :--- |

17. What is your district's policy for meeting the middle/junior high school physical activity requirement?
\(\left.$$
\begin{array}{rlrl}\hline & & \begin{array}{c}\text { Response } \\
\text { Percent }\end{array} & \begin{array}{c}\text { Response } \\
\text { Count }\end{array}
$$ <br>

\hline $$
\begin{array}{r}\text { education for four semesters }\end{array}
$$ \& \& \& 43.0 \%\end{array}\right]\)| 293 |
| :--- |

18. Does your district require that at least 50 percent of physical education courses provide moderate to vigorous physical activity for each participating student?

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes | 93.7\% | 638 |
| No | 5.3\% | 36 |
| Other (if not applicable, please specify) | 1.0\% | 7 |
|  | answered question | 681 |
|  | skipped question | 0 |

19. Does your district provide recess in elementary school?

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes | 93.7\% | 638 |
| No $\square$ | 2.1\% | 14 |
| Other (please specify) $\quad \square$ | 4.3\% | 29 |
|  | answered question | 681 |
|  | skipped question | 0 |

20. Does your district assess the fitness levels of only those students in grades 3-12 who are enrolled in a physical education class or substitute?

21. If your district assesses students outside of physical education classes and substitutes, please indicate all grade levels for which you assess additional students.


## 22. Of the following, which topics were addressed on your district's website and/or handbook? (Mark all that apply.)

|  | Handbook | Website | Response Count |
| :---: | :---: | :---: | :---: |
| Bullying | 97.6\% (649) | 69.2\% (460) | 665 |
| Elementary physical activity policy | 92.8\% (538) | 66.2\% (384) | 580 |
| Food allergy notification | 93.0\% (502) | 59.6\% (322) | 540 |
| Human sexuality curriculum information | 90.5\% (427) | 62.9\% (297) | 472 |
| Immunization requirements | 92.9\% (613) | 80.3\% (530) | 660 |
| Meningitis vaccination requirements for college students | 84.4\% (357) | 71.9\% (304) | 423 |
| Middle school physical activity policy | 90.6\% (489) | 66.3\% (358) | 540 |
| Parental access to student's fitness assessment results | 89.8\% (406) | 63.5\% (287) | 452 |
| Restrictions on vending machines/food service usage | 91.3\% (511) | 64.8\% (363) | 560 |
| School Health Advisory Council information | 78.9\% (457) | 82.4\% (477) | 579 |
| Suicide prevention | 85.4\% (315) | 62.3\% (230) | 369 |
| Tobacco use and prevention | 96.1\% (587) | 64.2\% (392) | 611 |
| Other | 85.2\% (52) | 72.1\% (44) | 61 |
|  |  | If other (pleas | 43 |

answered question ..... 681
skipped question ..... 0
23. Does your district have a policy prohibiting physical activity from being used as a form of punishment?

|  |  | Response <br> Percent | Response <br> Count |  |
| ---: | :--- | ---: | ---: | ---: |
| Yes |  |  | $40.4 \%$ | 275 |
| No |  | $59.6 \%$ | 406 |  |
|  |  |  | answered question | 681 |

24. Are all of the campuses in your district established as "tobacco-free" (including for students, staff, parents, visitors, etc.)?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Yes |  | 99.7\% | 679 |
| No | ] | 0.3\% | 2 |
| Other (please specify) |  | 0.0\% | 0 |
| answered question |  |  | 681 |
| skipped question 0 |  |  |  |

25. Has your district adopted policies and procedures that prescribe penalties for the use of tobacco products by students and others on campuses or at school-sponsored or school-related activities?

26. Which Coordinated School Health Program is your district implementing in elementary schools?

|  | Response <br> Percent | Response <br> Count |  |
| ---: | :--- | ---: | :--- |
| Bienestar | $\square$ |  | $5.9 \%$ |

27. Which Coordinated School Health Program is your district implementing in middle and/or junior high schools?
$\left.\begin{array}{rlrl} & & & \begin{array}{c}\text { Response } \\ \text { Percent }\end{array} \\ \hline \text { Response } \\ \text { Count }\end{array}\right\}$
28. Does your district require health education as a graduation requirement for high school in all graduation plans for the 2011-2012 school year?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Yes |  | 56.7\% | 386 |
| No |  | 36.6\% | 249 |
| Not Applicable (please explain) | $\square$ | 6.9\% | 47 |
|  |  | answered question | 681 |
|  |  | skipped question | 0 |

29. Does your district offer health education in middle school?

|  |  |  | Response <br> Percent | Response <br> Count |
| :--- | :--- | :--- | :--- | :--- |
| Yes | $\square$ | $69.2 \%$ | 471 |  |
| Not Applicable (please explain) | $\square$ |  | $25.7 \%$ | 175 |

30. Indicate the date your district sent the letter to parents/guardians regarding human sexuality instruction (per TEC §28.004).

|  |  |  | Response <br> Percent | Response <br> Count |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Date letter mailed |  |  | $100.0 \%$ | 681 |
|  |  |  |  |  |

31. Which school health-related assessment tools does your district use? (Mark all that apply.)

32. Does your district have a policy in place for addressing the measures taken to ensure student safety in a physical education class with a student to teacher ratio greater than 45 to 1 (per TEC §25.114)?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Yes | $\square$ | 61.7\% | 420 |
| No | $\square$ | 20.9\% | 142 |
| Other - please specify (if not applicable, please explain) | $\square$ | 19.2\% | 131 |

33. Are the physical education courses offered in your district taught by certified physical education teachers?

|  | Elementary | Middle School/Jr. <br> High | High School | Response <br> Count |
| ---: | ---: | :---: | ---: | ---: |
| Yes | $\mathbf{9 4 . 2 \% ( 6 2 0 )}$ | $\mathbf{9 4 . 2 \% ( 6 2 0 )}$ | $92.1 \%(606)$ | 658 |
| No | $\mathbf{6 7 . 6 \% ( 2 3 )}$ | $29.4 \%(10)$ | $35.3 \%(12)$ | 34 |
| More than half | $\mathbf{6 7 . 6 \% ( 2 3 )}$ | $32.4 \%(11)$ | $38.2 \%(13)$ | 34 |
| Less than half | $66.7 \%(4)$ | $83.3 \%(5)$ | $16.7 \%(1)$ | 6 |

Not Applicable (please explain)
answered question
34. Indicate if your district collects statistics and data on any of the following health issues (mark all that apply).

|  | Yes | No | Response Count |
| :---: | :---: | :---: | :---: |
| Asthma | 67.4\% (441) | 32.9\% (215) | 654 |
| Diabetes | 69.2\% (454) | 31.3\% (205) | 656 |
| Food Allergy | 70.4\% (455) | 29.9\% (193) | 646 |
| Immunizations | 82.3\% (557) | 18.5\% (125) | 677 |
| Obesity | 47.5\% (271) | 52.7\% (301) | 571 |

Other (please specify any other health-related statistics your district collects)

|  | answered question | 681 |
| :--- | :--- | :--- |
|  | skipped question | 0 |

35. Indicate if your district staff attends or needs training or staff development on any of the following topics (mark all that apply).

|  | Attends | Needs | Response Count |
| :---: | :---: | :---: | :---: |
| Abstinence | 77.3\% (323) | 25.8\% (108) | 418 |
| Abstinence Plus | 51.8\% (132) | 50.2\% (128) | 255 |
| Alcohol and Drug Use | 86.2\% (432) | 18.2\% (91) | 501 |
| Asthma Training | 87.3\% (421) | 15.1\% (73) | 482 |
| Bullying | 93.6\% (596) | 15.2\% (97) | 637 |
| Care of Students with Diabetes (Required by HB 984) | 92.7\% (581) | 11.0\% (69) | 627 |
| Child Abuse and Neglect | 89.9\% (517) | 13.7\% (79) | 575 |
| Child and Adolescent Development | 78.2\% (273) | 23.5\% (82) | 349 |
| Coordinated School Health Programming | 84.1\% (418) | 20.7\% (103) | 497 |
| Eligibility and Benefits of CHIP/Medicaid | 74.2\% (291) | 28.3\% (111) | 392 |
| Family Violence | 69.5\% (264) | 33.4\% (127) | 380 |
| Fitness Assessment | 93.9\% (489) | 8.8\% (46) | 521 |
| Injury Prevention | 86.6\% (369) | 15.7\% (67) | 426 |
| Nutrition | 90.0\% (468) | 12.7\% (66) | 520 |
| Pedestrian and Traffic Safety | 64.6\% (195) | 37.4\% (113) | 302 |
| Positive Youth Development | 73.5\% (278) | 31.0\% (117) | 378 |
| STD Prevention | 77.5\% (314) | 26.7\% (108) | 405 |
| Suicide Prevention | 75.4\% (361) | 30.9\% (148) | 479 |
| Teen Pregnancy Prevention | 74.9\% (347) | 29.8\% (138) | 463 |
| Tobacco Use and Prevention | 86.0\% (394) | 17.2\% (79) | 458 |

36. Does your district have a policy for addressing HIV prevention education?

37. Which of the following does your HIV Prevention Education policy address? (Mark all that apply.)
$\left.\begin{array}{rlllll} & & & \begin{array}{c}\text { Response } \\ \text { Rercent }\end{array} \\ \text { Response } \\ \text { Count }\end{array}\right\}$
38. Has your school district adopted and implemented a policy that addresses maintaining confidentiality of HIV-infected students and staff and the procedures to protect HIV-infected students and staff from discrimination?

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes | 64.3\% | 438 |
| No | 36.0\% | 245 |
|  | answered question | 681 |
|  | skipped question | 0 |

39. Does your district use a teen pregnancy/STD prevention/abstinence program or curriculum?
$\left.\begin{array}{cccccc}\text { Response } \\ \text { Count }\end{array}\right\}$
40. Does your district implement the Parenting and Paternity Awareness (P.A.P.A.) Program in health education classes?

|  |  |  | Response <br> Percent | Response <br> Count |
| :---: | :---: | ---: | ---: | ---: |
| Yes | $\square$ | $65.8 \%$ | 448 |  |
| No | $\square$ | $34.2 \%$ | 233 |  |

Other or Not Applicable (please specify)

|  | answered question | 681 |
| :--- | :--- | :--- |
| skipped question | 0 |  |

42. What percent of the campuses in your district employ full-time registered nurses (RNs)?

43. What percent of the campuses in your district employ full-time licensed vocational nurses (LVNs)?

|  | Elementary | Middle School/Jr. High | High School | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| None | 52.8\% (211) | 14.5\% (58) | 32.8\% (131) | 400 |
| 1\%-10\% | 32.1\% (18) | 35.7\% (20) | 32.1\% (18) | 56 |
| 11\% - 25\% | 53.7\% (29) | 25.9\% (14) | 20.4\% (11) | 54 |
| 26\% - 50\% | 57.3\% (43) | 18.7\% (14) | 24.0\% (18) | 75 |
| 51\%-75\% | 60.8\% (31) | 17.6\% (9) | 21.6\% (11) | 51 |
| 76\% - 99\% | 39.0\% (23) | 45.8\% (27) | 15.3\% (9) | 59 |
| All Campuses | 50.9\% (84) | 18.8\% (31) | 30.3\% (50) | 165 |
| Not Applicable | 53.1\% (76) | 20.3\% (29) | 26.6\% (38) | 143 |
|  |  |  | answered question | 681 |
|  |  |  | skipped question | 0 |

44. How many campuses in your district have trained unlicensed diabetes care assistants as outlined in the Diabetes Council Guidelines and in accordance with Section 168.005 of the Texas Health and Safety Code? (specify the number of campuses)

|  |  | Response <br> Percent | Response <br> Count |
| ---: | :--- | :--- | :--- |
| Elementary |  |  | $91.0 \%$ |

45. Has your district implemented the School Meals Program and established a local wellness policy?

46. Has your school district adopted policies to ensure that campuses comply with the Texas Department of Agriculture (TDA) vending machine and food service guidelines for restricting student access?

| Yes |  | Response <br> Percent | Response <br> Count |
| ---: | :--- | ---: | :--- |
| No | $\square$ | $96.5 \%$ | 657 |
| Other (if not applicable, please |  |  |  |
| specify) | $\square$ | $1.0 \%$ |  |

47. Has your district initiated the required plan for measuring the implementation of your local wellness policy?
$\left.\begin{array}{rrrr} & \begin{array}{r}\text { Response } \\ \text { Percent }\end{array} \\ \text { Response }\end{array}\right)$
48. As a result of measuring the implementation of your local wellness policy, which of the following has your district addressed?

|  |  | Response Percent | Response Count |
| :---: | :---: | :---: | :---: |
| Increased opportunities for students to be physically active | $\square$ | 64.5\% | 363 |
| Increased opportunities for students to select and consume healthier foods and/or snacks |  | 89.3\% | 503 |
| Improved access to fresh fruits and vegetables (e.g. implementing a farm to school program or fruit and vegetable snack program) | $\square$ | 55.1\% | 310 |
| Other (please specify) | $\square$ | 4.4\% | 25 |
|  |  | answered question | 563 |
|  |  | skipped question | 118 |

49. In which of the following capacities does your school district involve youth?
$\left.\begin{array}{rlrl} & \begin{array}{c}\text { Response } \\ \text { Percent }\end{array} \\ \text { Response } \\ \text { Count }\end{array}\right)$
50. What percent of the campuses in your district have a Parent Teacher Association (PTA) Healthy Lifestyles Chair?

|  | Elementary | Middle School/Jr. High | High School | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| None | 64.3\% (296) | 8.5\% (39) | 27.2\% (125) | 460 |
| 1\%-10\% | 44.4\% (24) | 33.3\% (18) | 22.2\% (12) | 54 |
| 11\%-25\% | 60.0\% (18) | 23.3\% (7) | 16.7\% (5) | 30 |
| 26\% - 50\% | 58.3\% (14) | 20.8\% (5) | 20.8\% (5) | 24 |
| 51\%-75\% | 58.8\% (10) | 23.5\% (4) | 17.6\% (3) | 17 |
| 76\%-99\% | 68.8\% (22) | 18.8\% (6) | 12.5\% (4) | 32 |
| All Campuses | 81.4\% (96) | 7.6\% (9) | 11.0\% (13) | 118 |
| Not Applicable | 47.3\% (71) | 26.0\% (39) | 26.7\% (40) | 150 |
|  |  |  | answered question | 681 |
|  |  |  | skipped question | 0 |

51. Does your district allow the use of its recreational facilities (e.g., gyms, fields, tracks, courts, recreation equipment, etc.) by the public before and/or after school hours?

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes | $\square 91.9 \%$ | 626 |
| No $\square$ | 6.6\% | 45 |
| Not Applicable (please explain) | 2.2\% | 15 |
|  | answered question | 681 |
|  | skipped question | 0 |

52. Do any campuses in your district have a school garden?

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes | 48.9\% | 333 |
| No | 51.1\% | 348 |
|  | answered question | 681 |
|  | skipped question | 0 |

53. Does your district bullying policy include specific information on the following (mark all that apply):
$\left.\begin{array}{rrrr}\text { Bullying based on gender } & & & \begin{array}{c}\text { Response } \\ \text { Percent }\end{array} \\ \text { Count }\end{array}\right\}$
54. Does your school district integrate bullying prevention education in one or more of its required subject areas?

|  |  |  | Response <br> Percent | Response <br> Count |
| :---: | :---: | :---: | :---: | :---: |
| Yes | $\square$ | $77.9 \%$ | 511 |  |
| No | $\square$ | $22.1 \%$ | 145 |  |

Other (if not applicable, please specify)

| answered question | 656 |
| :--- | :--- | :--- |
| skipped question | 25 |

55. Does your district notify the parent/guardian of a child who is the victim of bullying?

|  | Response Percent | Response Count |
| :---: | :---: | :---: |
| Yes | $\square 98.7 \%$ | 672 |
| No | 1.5\% | 10 |
|  | Other (if not applicable, please specify) | 9 |
|  | answered question | 681 |
|  | skipped question | 0 |

56. Of the following health-related topics, which are addressed in each of your district's campus improvement plans?

|  | Elementary | Middle School/Jr. High | High School | Response Count |
| :---: | :---: | :---: | :---: | :---: |
| Bullying Prevention | 96.6\% (568) | 89.8\% (528) | 86.2\% (507) | 588 |
| Bullying Intervention | 94.6\% (477) | 87.9\% (443) | 86.3\% (435) | 504 |
| Coordinated School Health | 94.5\% (428) | 88.1\% (399) | 74.4\% (337) | 453 |
| Fitness Assessment | 93.2\% (436) | 86.8\% (406) | 81.0\% (379) | 468 |
| Physical Activity | 95.2\% (415) | 86.7\% (378) | 75.2\% (328) | 436 |
| Parental Involvement | 97.4\% (626) | 90.8\% (584) | 88.8\% (571) | 643 |
| Tobacco Use | 84.2\% (351) | 86.6\% (361) | 87.1\% (363) | 417 |
| Violence Prevention | 86.5\% (431) | 90.0\% (448) | 89.4\% (445) | 498 |
| Violence Intervention | 85.9\% (348) | 87.2\% (353) | 89.4\% (362) | 405 |

Other (please specify topic and campus level)

