

Health Education Work Group B Proposed Framework with Current TEKS

Work Group B met in October 2019. The work group was charged with finishing the identification where student expectations from the current TEKS for health education would fit into the proposed framework. The work group added student expectations for Grade 1 through high school.

Strand	Substrands	Topics	K-2	3-5	6-8	HS	
Physical Health and Hygiene	Body systems	anatomy (of all 11 systems)	K.4.A, K.4.B, 1.4.A.B.C., 2.3.B.C., 2.4.C	3.4.A, 3.4.B, 3.4.C, 4.2.A, 4.2.B, 5.2.A, 5.4.A	6.2.A, 6.2.B	Health 1.1.D, Health 1.1H, Health 1.2A, Health 1.2.G, Health 1.3.A, Health 1.3.C, Health 1.6.A, Health 1.6.C	
		physiology (of all 11 systems)	K.6.D, 1.4.A.B.C., 2.3.B.C, 2.4.C	3.3.B, 3.4.A, 3.4.B, 3.4.C, 4.2.A, 4.2.B, 5.2.A, 5.4.A	6.2.A, 6.2.B, 6.2.C, 7.2.B	Health 1.1.D, Health 1.1H, Health 1.2A, Health 1.2.G, Health 1.3.A, Health 1.3.C, Health 1.6.A, Health 1.6.C	
	Growth and development	developmental milestones			3.4.A	6.2.B, 6.2.D, 7.1.D, 7.2.A	Health 1.1.D, Health 1.3.A, Health 1.3.C, Health 1.6.A, Health 1.6.C
		cognitive development (including adolescent brain development and its impact on decision-making abilities)			3.4.A, 5.9.C.D.E		Health 1.1.C, Health 1.1.D, Health 1.1H, Health 1.1.I, Health 1.3.A, Health 1.3.C, Health 1.6.C, Adv. Health.17.B
		physical development	K.4.C, 1.4.A.B.C., 2.1.A		3.4.A, 5.2.A	6.1.C, 6.1.D, 6.2.B, 6.2.C, 7.1.A, 7.1.D, 7.2.B	Health 1.1.D, Health 1.1.I, Health 1.2.B, Health 1.3.A, Health 1.6.A, Health 1.6.C
	Personal health and hygiene	goal-setting and decision-making to enhance health	K.3.A, 1.3.A, 1.3.B, 1.3.C, 2.9.C, 2.11.A.C,		3.1.A, 3.1.F, 3.11.A, 3.11.D, 3.11.F, 3.11.G, 4.11.B, 4.11.E, 5.9.A.B, 5.9.C.D.E.F, 5.11.B	6.1.C, 6.1.F, 6.13.D, 7.4.C, 7.13.B-C	Health 1.1.D, Health 1.1F, Health 1.1H, Health 1.4.A, Health 1.4.B, Health 1.5.D, Health 1.6.A, Health 1.17.B
		oral health	1.1.A, 1.1.B, 1.5.B, 2.1.B		3.1.A, 3.1.F	6.1.C	Health 1.1.D, Health 1.12.C
		sleep	K.1.A, 1.1.A, 1.5.B,		3.1.A, 3.1.F, 4.1.E	6.1.C	Health 1.1H, Health 1.6.A
		personal grooming	1.1.B, 1.5.B, 2.1.B, 2.4.A		3.1.A, 3.1.F	6.1.C, 6.2.B	Health 1.2.A
		preventative health	K.7.B, 1.1.A, 1.1.B, 1.5.B, 2.1.A, 2.1.F.G, 2.4.A, 2.5.A		3.1.A, 3.1.F, 3.3.A, 3.3.B, 4.11.F, 4.5.A, 4.5.C, 5.1.F, 5.4.B, 5.7.B	6.1.C, 7.3.A, 7.13.A	Health 1.1F, Health 1.1H, Health 1.1.I, Health 1.2.A, Health 1.2.B, Health 1.2.C, Health 1.2.D, Health 1.2.E, Health 1.2.F, Health 1.3.B, Health 1.4.B, Health 1.6.A, Health 1.6.B; Health 1.8.D; Health 1.11.A; Health 1.11.B; Health 1.12.B; Health 1.12.C; Health 1.13.B; Health 1.14.F; Health 1.18.A; Health 1.18.B, Adv. Health.2.A-B, Adv. Health.11.A-B
		check-ups	1.1.B, 1.5.B, 2.1.F		3.1.A, 3.1.F, 5.4.B, 5.7.B, 5.9.A	7.3.A	Health 1.1F, Health 1.2.B, Health 1.3.B, Health 1.6.B; Health 1.11.A; Health 1.11.B; Health 1.12.B; Health 1.12.C; Health 1.13.B
		accessing the health care system, including the roles of health care providers	1.1.B, 1.5.A, 1.8.A, 2.6.A		3.5.A, 4.3.A, 4.3.B, 4.5.A, 5.3.A, 5.3.B, 5.7.B, 5.8.A	6.1.c, 6.10.b, 7.3.A	Health 1.1.C, Health 1.1.D, Health 1.1F, Health 1.2.B, Health 1.2.C, Health 1.2.D, Health 1.4.B, Health 1.5.D, Health 1.6.B; Health 1.9.B; Health 1.11.A; Health 1.11.B; Health 1.12.B; Health 1.12.C; Health 1.13.B; Health 1.13.C; Health 1.14.F; Health 1.18.A; Health 1.18.B; Health 1.18.C, Adv. Health.2.A-B, Adv. Health.9.A-B, Adv. Health.11.A-B, Adv. Health.12.A-B

Health Education Work Group B Proposed Framework with Current TEKS

Strand	Substrands	Topics	K-2	3-5	6-8	HS
Physical Health and Hygiene	Personal health and hygiene, cont.	health care information	K.5.A, K.5.B, 1.1.B, 1.5.A, 1.5.B, 1.7.A.B.C, 2.1.A, 2.1.1G, 2.4.A.C, 2.6.A.B	3.5.A, 4.3.A, 4.3.B, 5.3.A, 5.3.B, 5.4.C, 5.4.E, 5.4.B, 5.7.A, 5.9.A	6.1.C, 6.10.B, 7.3.A, 7.4.B, 7.4.C, 7.13.A	Health 1.1F, Health 1.2.A, Health 1.2.B, Health 1.2.C, Health 1.2.D, Health 1.2.E, Health 1.2.F, Health 1.4.A, Health 1.4.B, Health 1.5.D, Health 1.6.B; Health 1.8.D; Health 1.9.B; Health 1.11.A; Health 1.11.B; Health 1.11.C; Health 1.12.B; Health 1.12.C; Health 1.13.B; Health 1.18.A; Health 1.18.B; Health 1.18.C, Adv. Health.2.A-B, Adv. Health.4.B, Adv. Health.11.A-B, Adv. Health.15.C, Adv. Health.16.A, Adv. Health.16.C
		hand washing (to prevent the spread of disease)	K.1.A, K.6.C, 1.1.A, 1.5.B, 1.7.A.B.C, 2.1.A, 2.4.A.D,	3.1.A, 3.1.F, 3.3.A, 3.3.C, 4.5.A, 4.5.C, 5.4.E	6.1.C	Health 1.1F, Health 1.2.A, Health 1.2.B, Health 1.2.D; Health 1.11.A
		common illnesses and viruses (including influenza and vector-borne illnesses)	K.6.A, K.6.B, 1.7.A.B.C., 2.1.A, 2.4.A.C	3.1.A, 3.1.F, 3.3.A, 3.3.C, 4.5.B, 4.5.D, 5.4.D		Health 1.1F, Health 1.2.A, Health 1.2.B, Health 1.2.D; Health 1.11.A; Health 1.11.C; Health 1.12.B; Health 1.18.A; Health 1.18.B
Mental Health and Wellness	Emotional and mental health	mental health literacy	1.5.A, 1.5.B,	3.2.D, 4.3.A, 4.3.B	7.4.B, 7.12.D	Health 1.1.D, Health 1.1.E, Health 1.1F, Health 1.1G, Health 1.1H, Health 1.1.I, Health 1.2.F, Health 1.4.A, Health 1.4.B, Health 1.5.D; Health 1.14.G; Health 1.15.A; Health 1.16.B; Health 1.18.A; Health 1.18.B, Adv. Health.4.B
		emotional development	2.9.B	3.2.D, 8.9.C, 4.3.B, 5.6.F, 5.8.A, 5.11.A.B.C.E		Health 1.1.D, Health 1.1.E, Health 1.1G, Health 1.1H, Health 1.1.I, Health 1.6.A, Health 1.6.C; Health 1.15.A; Health 1.16.B
		socio-emotional development	K.9.B, 1.3.B, 1.9.B.C.F, 2.9.B	3.2.D, 8.9.C, 5.6.E.F, 5.8.A, 5.11.A.C.E	7.1.A, 7.12.D	Health 1.1.D, Health 1.1.E, Health 1.1G, Health 1.1H; Health 1.14.E; Health 1.15.A; Health 1.16.B
		accessing mental health services	1.1.B, 1.5.A, 2.1.F	3.2.D, 3.5.A, 4.3.A, 4.3.B, 5.3.A, 5.3.B		Health 1.1.A, Health 1.1.D, Health 1.1E, Health 1.1F, Health 1.1G, Health 1.1H, Health 1.2.C, Health 1.4.B, Health 1.5.D; Health 1.9.B; Health 1.11.A; Health 1.11.B; Health 1.12.C; Health 1.13.C; Health 1.14.F; Health 1.18.A; Health 1.18.C
	Developing a healthy self-concept	the role of social media and self-concept	1.6.A, 2.6.B, 2.7.A		6.1.D, 7.1.B, 7.4.A	Health 1.1.D, Health 1.1G, Health 1.4.A; Health 1.14.G; Health 1.16.A
		risk and protective factors	1.1.B		6.1.D, 6.13.E	Health 1.1.D, Health 1.1G, Health 1.7.H, Health 1.8.A; Health 1.16.A
		strategies for developing a healthy self-concept		3.1.E, 3.9.G, 4.9.A, 5.8.A	6.1.D, 6.1.H, 6.12.E, 7.13.F	Health 1.1G; Health 1.14.F; Health 1.15.A; Health 1.16.A; Health 1.17.B
		self-evaluation/assessment	1.9.D., 1.11.B, 2.1.A	3.1.E, 5.11.B	6.1.D, 6.1.H, 6.13.E, 7.12.D, 7.13.F	Health 1.1.E, Health 1.1G, Health 1.2.H; Health 1.16.A

Health Education Work Group B Proposed Framework with Current TEKS

Strand	Substrands	Topics	K-2	3-5	6-8	HS
Mental Health and Wellness	Healthy and unhealthy relationships	relationships with family members and other adults (include different types of families/family structures)	K.8.B, K.8.C, 1.2.H, 1.10.A, 2.2.F, 2.9.A, 2.10.A.B.E,	3.8.A, 8.9.B, 3.9.E, 3.10.A, 3.10.B, 4.6.A, 4.6.B, 4.9.E, 4.10.A, 4.11.C, 4.11.D, 4.12.E, 5.6.A.B.F, 5.8.A, 5.9.F, 5.10.A, 5.11.A, 5.11.C	6.9.A, 6.11.A	Health 1.1G; Health 1.9.A; Health 1.9.B; Health 1.10.A; Health 1.10.B; Health 1.14.B; Health 1.14.G; Health 1.15.A; Health 1.16.A; Health 1.16.B; Health 1.16.C; Health 1.17.C
		characteristics of healthy and unhealthy relationships	K.8.B, K.8.C, 1.10.A, 2.8.A, 2.9.A, 2.10.A.B.E,	3.2.D, 3.8.A, 3.8.B, 8.9.C, 3.10.B, 4.6.A, 4.6.B, 4.8.A, 4.8.B, 4.9.A, 4.10.A, 4.12.C, 4.12.E, 5.6.A.B	6.7.D/E/G, 6.9.A, 6.9.C, 6.11.A	Health 1.1G, Health 1.8.A; Health 1.8.B; Health 1.8.D; Health 1.9.A; Health 1.9.B; Health 1.10.A; Health 1.10.B; Health 1.14.B; Health 1.14.C; Health 1.14.E; Health 1.14.G; Health 1.15.A; Health 1.16.A; Health 1.16.B; Health 1.16.C
		peers, acquaintances, and friends	K.8.A, K.8.B, K.8.C, 1.2.H, 1.3.B, 1.9.E, 1.10.A, 2.8.A.B, 2.9.A, 2.10.A.B.E	3.2.D, 3.8.A, 3.8.B, 8.9.C, 4.6.A, 4.6.B, 4.8.A, 4.9.G, 4.10.A, 4.11.D, 4.12.E, 5.6.A.B.F, 5.11.C	6.9.A, 6.12.C, 7.11.A, 7.11.E	Health 1.1G, Health 1.8.A; Health 1.8.B; Health 1.9.A; Health 1.14.B; Health 1.14.C; Health 1.14.G; Health 1.16.A; Health 1.16.C
		mental, emotional, and verbal abuse with peers and family	K.9.A, 1.2.H	3.2.D, 3.8.A, 4.4.G, 4.8.A, 4.11.D, 4.12.C, 5.11.C	7.6.C, 7.12.F	Health 1.1G, Health 1.8.A; Health 1.9.A; Health 1.10.A; Health 1.10.B; Health 1.14.G; Health 1.16.A; Health 1.16.C; Health 1.17.D
		personal safety and boundaries	K.9.A, 1.2.H, 1.3.B, 1.9.E.F., 2.8.A.B	3.1.A, 3.2.D, 3.8.A, 3.8.B, 3.9.F, 3.11.E, 4.9.C, 4.9.H, 4.10.A, 4.12.E, 5.9.B, 5.10.A, 5.11.C.E	6.7.D/E	Health 1.1G, Health 1.6.A, Health 1.7.D, Health 1.8.A; Health 1.8.B; Health 1.8.D; Health 1.9.A; Health 1.9.B; Health 1.14.B; Health 1.14.C; Health 1.14.G; Health 1.15.A; Health 1.16.A; Health 1.16.C; Health 1.17.D
	Self-regulation	goal-setting	1.2.G, 1.3.C, 2.11.A.C	3.11.F, 3.11.G, 4.11.B, 5.9.D.F	6.1.F, 6.12.D	Health 1.6.A; Health 1.16.A
		self-regulating skills	1.1.A, 1.2.G, 1.3.C, 1.9.B.C.D.F., 1.10.B, 2.2.B, 2.9.C, 2.10.C, 2.11.B.C	3.1.E, 4.9.D, 4.10.C, 4.12.C, 5.6.F, 5.11.B	6.1.D, 6.1.F, 6.1.G, 6.12.B-C, 6.12.D, 7.12.A, 7.13.G	Health 1.1.E, Health 1.1G, Health 1.4.C, Health 1.6.A, Health 1.7.F; Health 1.8.D; Health 1.15.A; Health 1.16.A; Health 1.16.B; Health 1.16.C
		healthy and unhealthy coping skills	1.1.A, 1.2.G, 1.9.B.C.D.E.F., 1.10.B, 2.1.A	3.1.E, 4.9.D, 4.10.B, 4.11.D, 5.11.C.E	6.1.D, 6.1.F, 6.1.H, 6.7.D/E/G, 7.11.B, 7.12.A-B	Health 1.1.D, Health 1.1.E, Health 1.1G, Health 1.4.C, Health 1.6.A, Health 1.7.F; Health 1.13.B; Health 1.15.A; Health 1.16.A; Health 1.16.C
	Coping with stress and trauma	loss and grief			6.12.E	Health 1.1.E, Health 1.1F; Health 1.13.B
		long-term and terminal illnesses	1.7.B	3.6.B	7.1.B	Health 1.1.E, Health 1.1F; Health 1.13.B; Health 1.18.B
		chronic conditions		3.6.B		Health 1.1.E, Health 1.1F; Health 1.13.B; Health 1.18.B
		sensory issues				Health 1.13.B
		self-advocacy	1.11.A, 2.11.B.C, 2.12.B	3.10.C, 5.6.G, 5.11.D.E	6.1.D	Health 1.1.E, Health 1.1F, Health 1.1G, Health 1.8.A; Health 1.16.A; Health 1.16.C
		help-seeking skills	1.8.A, 1.11.A, 2.1.A, 2.1.A, 2.1.E, 2.11.B.D, 2.12.B	3.1.E, 3.5.A, 3.10.C, 3.11.D, 4.11.A, 5.6.G, 5.11.B.D.E	6.1.D, 6.1.H, 6.12.E	Health 1.1.D, Health 1.1.E, Health 1.1F, Health 1.1G, Health 1.7.D; Health 1.13.C; Health 1.14.F; Health 1.16.A; Health 1.16.C; Health 1.17.C; Health 1.18.C
	Risk and protective factors	genetic or hereditary			6.8A-C	Adv. Health.16.A
		environmental		5.6.G, 5.9.A	6.1.D	Health 1.1.D, Health 1.2.C, Health 1.4.C, Health 1.5.D, Health 1.8.A; Health 1.9.B; Health 1.11.A

Health Education Work Group B Proposed Framework with Current TEKS

Strand	Substrands	Topics	K-2	3-5	6-8	HS
Mental Health and Wellness	Risk and protective factors, cont.	socio-cultural factors		5.6.G, 5.9.A	6.1.D, 6.10.A, 7.4.C, 7.9.A	Health 1.1.D, Health 1.1F, Health 1.5.D, Health 1.6.A; Health 1.11.A; Health 1.14.G; Health 1.17.C
	Mental health concerns	depression		5.6.G	7.1.C	Health 1.1.E, Health 1.1F, Health 1.1G, Health 1.6.A; Health 1.13.B
		anxiety		5.6.G	6.12.E, 7.1.C	Health 1.1.E, Health 1.1F, Health 1.1G, Health 1.3.C, Health 1.6.A; Health 1.13.B
		stress	2.1.E,	3.1.E, 5.1.F, 5.6.G	6.1.H, 6.12.E, 6.12.H-L, 7.1.C, 7.12.E	Health 1.1.E, Health 1.1F, Health 1.1G, Health 1.3.C, Health 1.6.A; Health 1.13.B
		intrapersonal violence (including self-harm and suicide)			6.7.F, 7.1.B, 7.6.A	Health 1.1.D, Health 1.1.E, Health 1.1G; Health 1.13.B; Health 1.16.A
		trauma			6.12.E	Health 1.1.D, Health 1.1.E, Health 1.1F, Health 1.1G, Health 1.6.A; Health 1.13.B
Healthy Eating and Physical Activity	Food and beverage daily recommendations	Portion sizes and daily recommended amounts	2.1.C.D.G,	3.1.D	6.1.A, 6.1.B	Health 1.1.B, Health 1.3.B, Adv. Health.4.A
		Current government nutrition guidelines (as of 2019 Choose My Plate)	K.1.B, 2.1.C.D,	3.1.C, 3.1.D, 3.11.B, 4.1.A, 4.3.B, 4.3.B, 5.1.A, 5.1.B, 5.3.A, 5.3.B	6.1.A	Health 1.1.B, Health 1.3.B, Adv. Health.4.A
		Essential nutrients (proteins, carbs, fats, minerals, vitamins, water)	2.1.C.D, 2.1.G,	3.1.C, 3.1.D, 4.1.B, 5.1.C, 5.1.A		Health 1.1.B, Health 1.3.B
		healthy dietary choices (limit sugar-sweetened beverages and fast food)	K.3.B, 1.1.A, 2.1.C.D., 2.1.G	3.1.A, 3.1.C, 3.1.D, 5.1.A, 5.1.A	6.1.A, 6.1.B, 7.1.B, 7.4.C	Health 1.1.B; Health 1.17.B
	Risk and protective factors	heredity and genetics (food allergies, chronic illnesses (Crohn's, celiac, and diabetes)		5.9.A	6.1.B, 7.3.B, 7.10.B	Health 1.1.C, Health 1.2.C; Health 1.13.B
		environmental (weather and food-borne illnesses)	1.2.G, 1.8.B, 2.4.A.D, 2.5.A.B	5.8.D, 5.9.A	7.7.A-B	Health 1.1.C, Health 1.1.I; Health 1.13.B, Adv. Health.7.C, Adv. Health.8.B-D
		socio-cultural factors (sedentary lifestyle and access to fresh fruits and vegetables)	2.5.A	5.9.A	6.1.B, 7.7.A, 7.10.A	Health 1.1.B, Health 1.1.C, Health 1.1.I; Health 1.13.B
	Physical activity	Current government physical activity guidelines		3.11.B, 4.1.D, 4.3.A, 4.3.B, 5.3.A, 5.3.B, 5.8.B	6.1.B	Health 1.1.B
		Types of physical activity (include adaptive, lifetime activities, and sport)	K.1.C, 1.2.G, 2.1.B	3.1.B, 4.1.C, 4.1.D, 5.1.E, 5.8.B		Health 1.1.B
		Health benefits (obesity, cardio-vascular health and chronic disease prevention)	1.1.A, 2.1.B, 2.1.E	3.1.A, 3.11.C, 4.1.C, 4.1.D, 4.2.A, 5.8.B	6.1.B, 6.1.C, 6.1.F, 7.3.C, 7.4.C	Health 1.1.B, Health 1.1.C
		Health-related fitness components (strength, flexibility, cardio-respiratory endurance, muscular endurance, and body composition)	2.1.E, 2.3.B.C,	4.1.C, 4.1.C, 4.1.D, 5.1.E, 5.8.B	6.1.B, 6.1.G	Health 1.1.B, Adv. Health.1.A
	Food and physical activity literacy	Energy balance (healthy lifestyle choices to balance caloric intake from food and expenditures)	1.1.A	3.1.B, 3.1.D, 4.1.F, 5.1.D, 5.8.B		Health 1.1.B
		Dietary choices to support physical health	K.3.B, 2.1.C.D,	3.1.A, 3.1.B, 3.1.C, 3.1.D, 3.11.C, 4.1.B, 4.1.F, 5.1.F, 5.8.B	6.1.A, 6.1.B	Health 1.1.B, Health 1.1.C, Health 1.1.D; Health 1.17.B
		Goal-setting and decision-making	1.3.A, 1.3.C	3.1.B, 3.1.B, 3.11.C, 3.11.D, 3.11.F, 3.11.G, 4.1.F, 4.11.B, 4.11.D, 5.1.F, 5.8.B, 5.9.D	6.1.C, 6.1.G	Health 1.1.B, Health 1.1.C; Health 1.17.B
		Food marketing and advertising	1.6.A.B,	4.1.A, 5.8.D	7.4.B, 7.9.B-C	Health 1.1.B, Health 1.1.C, Adv. Health.5.A-B
		Consumer literacy (reading labels)	1.6.A.B., 2.1.C.D., 2.6.B, 2.7.A.B	3.1.C, 4.1.B, 4.3.A, 4.3.B, 5.1.A, 5.1.B, 5.8.D	6.1.E, 6.4.B, 7.4.B, 7.4.G, 7.9.B-C	Health 1.1.A, Health 1.1.B, Health 1.1.C
		Shopping on a budget				Health 1.1.B, Health 1.1.C
		Dietary guidelines		3.1.C, 3.1.D, 4.1.B, 4.1.F, 4.3.A, 4.3.B, 5.1.D	6.1.A	Health 1.1.B, Health 1.1.C

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Strand	Substrands	Topics	K-2	3-5	6-8	HS
Injury and Violence Prevention and Safety	Safety skills/unintentional Injury	first aid (including Stop the Bleed), CPR , AED, and mental health first aid		3.1.F, 5.8.C	6.7.A, 7.6.G	Health 1.2.C; Health 1.11.C; Health 1.13.C; Health 1.14.F; Health 1.17.E; Health 1.18.C
		bike safety, water safety, pedestrian safety and fire safety and using protective equipment	K.2.A, K.2.D, K.2.E, 1.2.A, 1.2.D, 1.2.F, 1.2.G, 2.2.C, 2.3.A, 2.7.B	3.1.F, 3.2.A, 3.2.C, 3.2.E, 4.4.E, 5.5.E, 5.7.A, 5.8.C		Health 1.7.H; Health 1.11.C; Health 1.14.F; Health 1.17.B; Health 1.17.E; Health 1.18.C
		situational awareness ("stranger danger," see something say something; weather)	K.2.B, K.7.A, 1.2.B, 1.2.D, 1.8.B, 2.2.E, 2.5.A.B, 2.8.B	3.1.F, 3.2.A, 5.5.E, 5.7.A, 5.8.C	7.8.B	Health 1.7.H; Health 1.11.C; Health 1.14.F; Health 1.17.B; Health 1.17.E; Health 1.18.C
		accessing emergency services (getting help; calling 9-1-1)	K.2.G, 1.2.D, 1.2.F	3.1.F, 3.2.A, 4.4.E, 5.5.E, 5.7.B, 5.8.C		Health 1.1.A, Health 1.1.E, Health 1.2.C, Health 1.7.H; Health 1.11.B; Health 1.11.C; Health 1.12.A; Health 1.13.B; Health 1.13.C; Health 1.14.F; Health 1.17.E; Health 1.18.C
		head injury and concussion prevention and protocol	2.2.C, 2.2.A, 2.3.A	3.1.F, 3.2.A, 3.2.E, 5.5.E, 5.7.A, 5.8.C		Health 1.11.C; Health 1.13.B; Health 1.14.F; Health 1.17.E
		driving safety (including distracted driving, texting, and driving under the influence, including the risk for rider and driver)	2.3.A	3.1.F, 3.2.A, 3.2.E, 5.5.E, 5.7.A, 5.8.C		Health 1.1.A, Health 1.1.E, Health 1.1.I; Health 1.11.C; Health 1.14.F; Health 1.17.E
		weapons awareness and safety (including reporting)	K.2.H, 1.2.D, 2.2.E, 2.5.A	3.1.F, 3.2.A, 3.2.C, 3.2.E, 5.5.E, 5.7.A, 5.8.C	7.6.B, 7.6.K	Health 1.1.E, Health 1.1.G, Health 1.7.G; Health 1.11.C; Health 1.14.F; Health 1.17.E
	Healthy relationships - Conflict resolution skills	healthy and unhealthy communication	1.2.H, 1.3.B, 1.9.A, 2.9.C, 2.12.B	3.2.D, 8.9.B, 8.9.D, 4.9.D, 4.9.F, 4.10.A, 4.10.B, 4.10.C, 4.12.B, 4.12.C, 4.12.E, 5.6.C.D, 5.8.A, 5.11.E	6.1.H, 6.12.G, 6.13.b, 7.8.B, 7.11.C	Health 1.7.G; Health 1.10.A; Health 1.10.B; Health 1.14.A; Health 1.14.C; Health 1.14.D; Health 1.14.E; Health 1.14.G; Health 1.16.A; Health 1.16.B; Health 1.16.C; Health 1.17.D, Adv. Health.6.A, Adv. Health.6.C, Adv. Health.13.A
		help-seeking and coping	1.2.H, 2.9.C, 2.11.B, 2.12.B	3.2.D, 8.9.B, 3.11.D, 4.9.A, 4.9.B, 4.11.A, 4.11.C, 4.12.B, 5.8.C, 5.9.F, 5.11.D	6.1.H	Health 1.7.G; Health 1.14.A; Health 1.14.C; Health 1.14.D; Health 1.14.E; Health 1.14.F; Health 1.16.A; Health 1.16.C
		conflict-resolution strategies (including avoidance, compromise, negotiation, mediation, and arbitration)	1.2.H, 1.3.B, 1.10.B, 2.10.A.B.D.E, 2.11.A	8.9.B, 8.9.D, 4.9.B, 4.10.B, 4.12.B, 4.12.C, 5.11.A	6.1.H, 6.9.D, 6.12.B-C, 6.12.F, 7.11.D	Health 1.7.D, Health 1.7.G; Health 1.8.D; Health 1.9.A; Health 1.10.A; Health 1.10.B; Health 1.14.A; Health 1.14.C; Health 1.14.D; Health 1.14.E; Health 1.14.F; Health 1.16.A; Health 1.16.C, 11.6.B
		characteristics of healthy relationships (including empathy, autonomy, respect, trust, sympathy)	1.2.H, 1.9.A.E., 1.10.A, 2.8.A, 2.9.A, 2.10.A.B.D.E.	3.2.C, 3.2.D, 8.9.B, 8.9.D, 4.9.A, 4.9.D, 4.9.E, 4.10.A, 4.11.A, 4.11.C, 4.12.B, 4.12.E, 5.6.E.F, 5.8.A, 5.11.C	6.1.H, 6.9.C, 6.12.A, 6.12.G, 7.8.A-B, 7.14.C	Health 1.7.G; Health 1.9.A; Health 1.10.A; Health 1.14.A; Health 1.14.B; Health 1.14.C; Health 1.14.D; Health 1.14.E; Health 1.14.G; Health 1.16.A; Health 1.16.B; Health 1.16.C
	Healthy home, school, and community climate	human trafficking and gangs--prevention, awareness, reporting	1.2.B, 1.2.D, 1.2.H	3.2.C, 4.4.F, 4.9.G, 5.5.F	7.6.J	Health 1.1.A; Health 1.9.A; Health 1.14.A; Health 1.14.C; Health 1.14.G; Health 1.15.B; Health 1.16.A
		people and places to seek help (safe havens, safe space, community helpers)	K.2.F, 1.2.B, 1.2.D, 1.2.H, 1.11.A, 2.5.C, 2.8.B, 2.11.D, 2.12.B	3.2.D, 4.4.F, 4.9.C, 4.11.A, 5.5.F, 5.3.A, 5.3.B, 5.6.B, 5.8.C.F, 5.11.D	6.1.H, 6.13.A	Health 1.1.A, Health 1.2.C; Health 1.10.B; Health 1.11.A; Health 1.13.B; Health 1.14.A; Health 1.14.C; Health 1.14.D; Health 1.14.G; Health 1.16.A; Health 1.17.C, Adv. Health.7.D, Adv. Health.10.A-B

Health Education Work Group B Proposed Framework with Current TEKS

Strand	Substrands	Topics	K-2	3-5	6-8	HS	
Injury and Violence Prevention and Safety	Digital citizenship and media	Cyberbullying	1.2.H, 1.9.E, 1.11.A.D, 2.12.A	3.2.A, 3.7.A, 3.9.A, 4.7.A, 4.9.C, 4.12.A, 4.12.C, 4.12.D	6.14.A-D	Health 1.1.G, Health 1.4.A; Health 1.14.A; Health 1.15.B; Health 1.16.A; Health 1.16.C	
		Sexting and digital pornography		3.7.A, 3.9.A, 4.7.A, 4.9.C		Health 1.4.A; Health 1.14.A; Health 1.15.B; Health 1.16.A; Health 1.16.C; Health 1.17.E	
		online safety (including identity protection, see something-say something, online predators)	1.2.B, 1.2.H, 1.9.F., 1.11.A, 2.8.B, 2.11.D, 2.12.A	3.2.A, 3.2.E, , 3.7.A, 4.7.A, 4.7.B, 4.9.C, 4.12.C		Health 1.1.G, Health 1.4.A, Health 1.7.G; Health 1.14.A; Health 1.14.E; Health 1.14.G; Health 1.16.A; Health 1.16.C	
		legal ramifications and other consequences	2.12.A.B	4.7.B		Health 1.4.A, Health 1.4.C; Health 1.14.A; Health 1.16.A; Health 1.16.C; Health 1.17.E	
	Interpersonal violence	family violence and prevention (characteristics and consequences of, reporting and seeking help)			3.2.D, 4.4.G	6.8.A, 6.11.B, 7.14.A, 7.14.B, 7.14.D, 7.14.AE	Health 1.1.I, Health 1.7.G; Health 1.10.B; Health 1.13.B; Health 1.14.D; Health 1.14.F; Health 1.15.B; Health 1.16.A
		dating violence (characteristics and consequences of, reporting and seeking help)			3.2.D, 4.4.G	7.6.J, 7.14.A, 7.14.B, 7.14.D, 7.14.AE	Health 1.5.C; Health 1.14.B; Health 1.14.C; Health 1.14.D; Health 1.15.B; Health 1.16.A
		sexual harassment (characteristics and consequences of, reporting and seeking help)			3.2.D, 4.4.G, 4.12.C	7.14.A, 7.14.B, 7.14.D, 7.14.AE	Health 1.5.C; Health 1.8.D; Health 1.14.D; Health 1.14.F; Health 1.15.B; Health 1.16.A
		bullying and harassment (characteristics and consequences of, reporting and seeking help)	K.10.A, K.10.B, K.10.C, K.10.D, 1.9.E, 1.11.A.B, 2.12.A	3.2.D, 3.9.A, 4.4.G, 4.9.C, 4.12.A, 4.12.C, 4.12.D, 5.11.B.C.D.E	6.14.A-D, 7.14.A, 7.14.B, 7.14.D, 7.14.AE	Health 1.7.G; Health 1.8.D; Health 1.14.A; Health 1.14.D; Health 1.14.E; Health 1.15.B; Health 1.16.A; Health 1.16.C	
		child abuse (including sexual abuse) and neglect (characteristics and consequences of, reporting and seeking help)	K.9.A, 1.2.H	3.2.D, 4.4.G, 4.12.C	6.11.B, 7.14.A, 7.14.B, 7.14.D, 7.14.AE	Health 1.5.C; Health 1.8.D; Health 1.15.B; Health 1.16.A	
	Alcohol, Tobacco, and Other Drugs	Prevention	refusal skills	1.2.C, 1.2.D, 1.9.F,	3.9.F, 3.11.E, 4.4.D, 4.4.F, 4.9.H, 5.5.D, 5.9.B	6.7.C, 6.7.D/E/G, 6.9.E, 6.12.B, 6.13.B, 7.6.J, 7.13.D	Health 1.7.C, Health 1.7.D, Health 1.8.A, Adv. Health.15.A
reporting			1.2.C, 1.2.D	5.5.D, 5.9.B	6.9.F	Health 1.7.C, Health 1.7.D, Health 1.8.A; Health 1.12.A; Health 1.17.A	
recognition and avoidance			K.2.C, 1.2.C, 1.2.D, 1.2.E, 1.9.F, 2.2.A, 2.2.B	3.2.B, 3.2.C, 4.4.D, 4.4.F, 4.12.B, 5.5.D, 5.9.B	6.7.C, 7.6.J	Health 1.1.J, Health 1.7.D, Health 1.8.A; Health 1.17.A, Adv. Health.7.A-B	
short and long-term consequences (legal, social, financial, and medical)			1.2.C, 2.2.A, 2.12.A	3.2.B, 3.2.C, 4.4.C, 5.5.D	6.13.D	Health 1.1.J, Health 1.7.C, Health 1.7.E, Health 1.8.A; Health 1.12.A; Health 1.17.A; Health 1.18.C, Adv. Health.15.B	
benefits of abstinence and delayed use			1.2.C, 2.2.B, 2.2.D	4.4.D, 5.5.D	6.7.D/E/G	Health 1.7.C, Health 1.8.A; Health 1.17.A	
emotional regulation and coping skills			1.2.C, 2.2.B, 2.2D, 2.11.B	4.4.D, 5.5.D	6.1.H	Health 1.7.C, Health 1.7.D, Health 1.8.A; Health 1.16.A; Health 1.17.A	
Risk and protective factors		peer influence (positive or negative)	2.9.A	4.4.F, 5.9.B	6.6.B, 6.7.C, 6.8.A, 6.9.A, 6.13.B, 7.7.C	Health 1.7.C, Health 1.8.A; Health 1.14.G; Health 1.17.A	
		heredity and genetics (family history)			7.3.B, 7.7.C	Health 1.3.C; Health 1.18.B; Health 1.18.C	
		environmental (safe havens and where to go for help, accessibility)	1.2.C, 1.2.E, 2.2.F	4.6.A, 4.6.B, 4.9.C, 4.9.E, 4.11.C, 5.9.B	6.8.A, 6.9.A, 7.6.I	Health 1.7.C, Health 1.8.A; Health 1.17.A; Health 1.17.C	
		socio-cultural factors		5.9.B	6.7.C, 6.8.A, 6.9.A-B, 7.3.B, 7.7.C	Health 1.7.C, Health 1.7.F, Health 1.8.A; Health 1.17.A; Health 1.17.E, Adv. Health.1.B, Adv. Health.8.A	

Health Education Work Group B Proposed Framework with Current TEKS

Strand	Substrands	Topics	K-2	3-5	6-8	HS
Alcohol, Tobacco, and Other Drugs	Use, misuse, and physiological effects	classification of psychoactive drugs (stimulants, depressants, narcotics, and hallucinogens)	2.2.D	5.5.B, 5.5.C	6.6.B, 6.7.B, 7.1.E-F, 7.2.F	Health 1.1.J, Health 1.2.E, Health 1.7.A, Health 1.7.D, Health 1.7.E; Health 1.13.A; Health 1.17.A
		current trends (for example vaping)	1.2.E, 2.2D	3.6.B, 5.5.C	6.6.B	Health 1.2.E, Health 1.2.F, Health 1.4.C, Health 1.7.A, Health 1.7.B, Health 1.7.D; Health 1.12.A; Health 1.17.A; Health 1.17.E
		over the counter drugs	1.2.E, 2.2.D	4.4.A, 4.4.B, 5.5.A, 5.5.C	6.5.A-G, 6.6.A-C, 6.7.B, 7.2.F, 7.4.E, 7.5.B, 7.6.L	Health 1.1.J, Health 1.1.K, Health 1.2.E, Health 1.2.F, Health 1.2.G, Health 1.7.A, Health 1.7.E; Health 1.12.C; Health 1.13.A; Health 1.17.A
		prescription drugs	1.2.E, 2.2.D	4.4.A, 4.4.B, 5.5.A, 5.5.C	6.5.A-G, 6.6.A-C, 6.7.B, 7.1.E-F, 7.2.F, 7.4.F, 7.5.B, 7.6.L	Health 1.1.J, Health 1.1.K, Health 1.2.E, Health 1.2.F, Health 1.2.G, Health 1.7.A, Health 1.7.E; Health 1.12.C; Health 1.13.A; Health 1.17.A
		illegal drugs	2.2.A, 2.2.D	4.4.B, 5.5.B, 5.5.C	7.1.E-F, 7.2.F, 7.5.B, 7.6.L	Health 1.7.B; Health 1.13.A; Health 1.17.A
		alcohol (including alcohol poisoning)	2.2.A, 2.2.D	3.6.B, 5.5.C	7.2.F, 7.5.B, 7.6.L	Health 1.3.C, Health 1.7.B; Health 1.13.A; Health 1.17.A
		tobacco and related drugs	2.2.A, 2.2.D	5.5.C	7.2.F, 7.5.B, 7.6.L	Health 1.13.A
	Short and Long-term Impacts	positive or negative impacts on health (including therapeutic, impairment, disability, addiction, or death)	2.2.A,	3.2.B, 3.2.C, 4.4.C, 5.5.C	6.6.C, 7.5.A, 7.6.H, 7.6.M	Health 1.1.J, Health 1.2.E, Health 1.2.F, Health 1.2.G, Health 1.3.C, Health 1.6.A, Health 1.7.B, Health 1.7.C, Health 1.7.E; Health 1.18.C
		legal ramifications		3.2.B, 3.2.C, 4.4.C, 5.5.C	6.6.C, 7.4.H, 7.6.H, 7.6.K	Health 1.2.G, Health 1.2.H, Health 1.7.A; Health 1.12.A; Health 1.18.C, Adv. Health.4.C, Adv. Health.7.E
		behavioral problems (including delinquency, aggressive behavior, lowering of inhibitions, and increased risk-taking)	2.2.A	3.2.B, 3.2.C, 4.4.C, 5.5.C	6.6.C, 6.7.C, 7.6.H	Health 1.2.F, Health 1.2.H, Health 1.7.C, Health 1.7.D, Adv. Health.7.G
		social and relational consequences	2.2.A	3.2.B, 3.2.C, 4.4.C, 5.5.C	7.5.A, 7.6.H, 7.12.G, 7.13.E	Health 1.2.H, Health 1.4.C, Health 1.7.B, Health 1.7.C, Health 1.7.D; Health 1.14.G; Health 1.17.A; Health 1.18.C
	Treatment	who, when, where, and how to get help (for self or others)	1.2.C, 2.2.F		6.6.B, 6.7.I	Health 1.1.J, Health 1.1.K, Health 1.2.E, Health 1.2.F; Health 1.12.A; Health 1.13.A; Health 1.18.A; Health 1.18.B, 11.7.F, Adv. Health.13.B, Adv. Health.16.B
		types of treatments			6.6.B, 7.5.C	Health 1.1.J; Health 1.18.A; Health 1.18.B, Adv. Health.7.F
		recovery and rehabilitation			6.6.B	Health 1.12.A; Health 1.18.A; Health 1.18.B, Adv. Health.7.F
		emergency responses to poisoning and overdoses	1.2.E		6.5.B, 6.6.A-C, 6.7.I	Health 1.1.K; Health 1.13.A; Health 1.17.A, Adv. Health.7.F

Health Education Work Group B Proposed Framework with Current TEKS

Strand	Substrands	Topics	K-2	3-5	6-8	HS
Reproductive and Sexual Health	Healthy relationships	types of relationships (including platonic, romantic, casual)			6.12.D	Health 1.5.C, Health 1.8.A; Health 1.8.B; Health 1.8.E; Health 1.14.C; Health 1.14.G, Adv. Health.3.E, Adv. Health.15.D
		characteristics of healthy relationships (mutual respect, trust, support, and honesty, commitment, reliability)			6.12.D, 7.12.C	Health 1.5.C; Health 1.8.B; Health 1.8.E; Health 1.14.C; Health 1.14.D; Health 1.14.E; Health 1.14.G, Adv. Health.3.E, Adv. Health.13.A, Adv. Health.14.C
		marriage				Health 1.8.B; Health 1.8.C; Health 1.8.E; Health 1.14.B; Health 1.14.C, Adv. Health.3.D
		effective communication and active listening skills		4.9.B, 4.9.F, 5.6.C.D	6.12.B, 7.11.C, 7.12.D	Health 1.8.B; Health 1.14.A; Health 1.14.C; Health 1.14.D; Health 1.14.E; Health 1.14.G; Health 1.16.B; Health 1.17.D, Adv. Health.3.E, Adv. Health.13.A, Adv. Health.14.B, Adv. Health.14.D
	Personal safety /Limits/Boundaries	sense of self--developing healthy identity (self-worth, -esteem, -confidence, and -acceptance)				Health 1.8.C; Health 1.14.A; Health 1.15.C
		communication--refusal skills			6.12.D, 7.13.D	Health 1.7.B; Health 1.8.C; Health 1.14.A; Health 1.14.E; Health 1.15.B; Health 1.15.C; Health 1.16.A; Health 1.16.C; Health 1.17.D, Adv. Health.13.D
		decision-making, clear consent (permission), and refusal skills, accepting and coping with rejection		5.9.C.D.E	6.12.D, 7.12.A, 7.12.C, 7.13.D, 7.13.E	Health 1.8.C; Health 1.8.E; Health 1.14.A; Health 1.14.E; Health 1.15.B; Health 1.15.C; Health 1.16.A; Health 1.16.C; Health 1.17.B
	Anatomy, reproduction, and pregnancy	puberty and adolescent development		5.2.B	6.2.B, 6.2.C, 7.2.A, 7.2.C, 7.2.E	Health 1.6.C
		fertilization and fetal development			6.2.d, 7.2.D	Health 1.3.A, Adv. Health.3.A
		pregnancy, stages, and risk factors			6.2.D, 7.2.D	Health 1.3.A; Health 1.8.F, Adv. Health.3.B-C
		teen pregnancy and associated concerns (financial, educational, health, and social concerns)				Health 1.3.A; Health 1.15.C
	Sexual risk avoidance and sexual risk reduction	abstinence from sexual activity (as preferred choice)		5.4.C	6.7.H, 7.6.D-F	Health 1.8.B; Health 1.8.C; Health 1.8.D; Health 1.8.E; Health 1.8.F; Health 1.15.C, Adv. Health.13.D, Adv. Health.14.E-F
		types of contraceptives (including risk and failure, proper use, align with TEC 28.004)				Health 1.8.B; Health 1.8.C; Health 1.8.F; Health 1.15.C
		boundary setting regarding stages or progression of physical intimacy (holding hands, hugging, kissing, intercourse)		5.4.C, 5.9.C.D.E		Health 1.2.B, Health 1.8.A; Health 1.8.B; Health 1.8.C; Health 1.8.D; Health 1.8.F; Health 1.14.G; Health 1.15.C; Health 1.16.A; Health 1.17.E, Adv. Health.13.D
	Sexually transmitted diseases and HIV	types of STDs/STIs		5.4.C, 5.4.D	6.3.A-C, 7.3.C, 7.3.D	Health 1.2.D, Health 1.7.B; Health 1.8.C; Health 1.8.F; Health 1.15.C, Adv. Health.14.F
		mode of trasmission		5.4.C, 5.4.D	6.3.A-C, 7.3.D	Health 1.2.D; Health 1.8.C; Health 1.8.F; Health 1.15.C
		signs, symptoms (including asymptomatic)		5.4.C, 5.4.D	6.3.A-C, 7.3.D	Health 1.2.D; Health 1.8.C; Health 1.13.B
		prevention (vaccines)		5.4.B, 5.4.C,	6.3.A-C, 7.3.D	Health 1.2.D; Health 1.12.B
		short-term/long-term health risks, consequences		5.4.C, 5.4.D	6.3.A-C, 6.7.H, 7.3.C, 7.3.D	Health 1.8.C
		benefits of being STD/STI-free		5.4.C,	6.3.A-C, 7.3.D	Adv. Health.14.F
		testing and treatment and where to get help		5.4.C,	6.3.A-C, 7.3.D, 7.5.C	Health 1.12.C; Health 1.18.C

Health Education Work Group B Proposed Framework with Current TEKS

Strand	Substrands	Topics	K-2	3-5	6-8	HS
Reproductive and Sexual Health	Legal issues regarding sexual health	child support			7.4.D	
		pregnancy-related			7.4.D	
		disclosure (such as STD-status to partner)			7.4.D	Health 1.18.C
		Sexting and digital pornography			7.4.D	Health 1.15.B, 11.13.C
		sexual abuse and harassment (rape, incest)			7.4.D, 7.6.C	Health 1.8.D; Health 1.15.B, Adv. Health.13.C
		criminal versus civil litigation			7.4.D	Health 1.2.B, Health 1.5.C; Health 1.15.B, Adv. Health.13.C
		age of consent			7.4.D	Health 1.5.C; Health 1.8.D; Health 1.15.B, Adv. Health.13.C