

Personal Care Services Is:

<u>Activities of Daily Living- ADLs</u>	<u>Instrumental Activities of Daily Living - IADLs</u>
Dressing	Grocery or Household Shopping
Eating	Laundry <i>Laundry is approved when related to the client's diagnosis or condition that results in soiled clothing beyond the norm</i>
Mobility	Light housework <i>Cleaning an area or equipment that is used to complete a task may be included</i>
Personal Hygiene	Meal preparation
Positioning	Medication Assistance
Toileting	Money management
Transferring	Telephone Use or Other Communication
Bathing	Assistance with Transportation Services <i>PCS service is appropriate if it is related to the client's diagnosis or condition and the responsible adult is occupied during the transport. For example, a child's condition might include behaviors that create an unsafe situation for the child during transport, such as removing a seatbelt, attempting to open the car door while the car is in motion, or elopement.</i>

Personal Care Service is NOT (Limited Examples):

- ADLs and IADLs that a typically developing child of the same chronological age could not safely and independently perform without adult supervision.
- Direct intervention when the client has abilities to perform the ADL or IADL.
- Services used for or intended to provide restraint of a client.
- Stand-by supervision related to safety.**
- Potty training**
- Grocery shopping for members of the client's family or household.
- Cleaning for members of the client's family or household.
- Laundry services for members of the client's family or household.
- Meal preparation for members of the client's family or household

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- Teaching a life skills class**
- Cueing educational tasks**