

Overall, the TEKS for physical education were well thought out and followed logical development. That being said, there are some suggestions for improvement I have. Included in this, is more of a utilization of dance. In my opinion, we could get so much more out of physical education classes with the inclusion of more dance in our classes. Of some particular concern to me overall was the student expectation of certain gymnastics principles, the utilization of the disc, and weight training methods

Grade K.1.E

- Concern - availability of a beam and, if available, whether educator would know how to safely set it up and know as to what height (Rigor okay, but better direction for educator possible)

Grade K.3.E

- How will children 'describe the benefits'? (expectations lacking in clarity & specificity)
- May be helpful to educator to elaborate on description method (clarify & specificity)

Grade K.4.A

- Instead of 'observe and describe', may be better to say 'recognize' as this is what realistically will occur with children (Rigor)

Grade K.4.B

- Instead of 'explain their purpose' (lungs), may be better 'recognize' (Rigor)

Grade K.5.A

- 'use equipment'...what type of equipment? (clarify)

Grade K.5.C & K.5.D & K.5.E

- 'explain' may not be the appropriate word unless this student expectation can be reasonably met. Perhaps in kinder kids will really be at the 'recognize' level

Grade K.5

- In my opinion, kinder children can be taught that 911 is used for emergencies. The best local, if added, would be as K.5.F

Grade K.6

- Kids of all ages, including kinder, love to dance. That being said, 'dance' is mentioned in the (K.6 Knowledge Skill Statement). However, it is not addressed as a student expectation. My opinion...it should be. Possible ideas include 'Hokey Pokey', 'Unnamed Circle Dance', and 'Mexican Hat Dance'

Grade 1.4.E

- 'explain the negative effects...' – how will this be explained (clarify expectation)

Grade 1.5.D

- 'extension rescue' – please define...not sure what this is. Teacher using these TEKS may agree

Grade 1.6

- 'dance' mentioned in knowledge & skills, but not given a student expectation bullet. Adding 'dance' here with some examples of age appropriate techniques would be beneficial.

Grade 2.1.H

- Rolling activities described, specifically 'log roll', 'balance/curl', and 'roll/balance', require better description. (clarify)

Grade 2.6

- 'dance' in knowledge & skills statement, but not addressed in student expectations. My opinion...should be added (at each grade)

Grade 3.1.F

- Teaching proper rolling activities, such as 'forward roll', shoulder roll', is a challenge and can lead to safety issues. My experience is that kids with no non-school gymnastics experience are not ready yet unless the coach is highly trained in this area. Inadequate teaching with this skill can lead to neck injuries. With our athletic program, we begin to teach this skill in the spring semester of the 7th grade year.

Grade 3.1.H

- 'clap echoes' – not sure what these are (clarify)

Grade 3.3.E

- In my opinion, 'gymnastics' should be added with the current list of opportunities for participation in the community...especially since we are including student expectations of basic gymnastics rolls

Grade 3.6

- Add 'dance' ...since we list it in our Knowledge & Skills Statement and, more importantly, kids love it and it's FUN!

Grade 4.1.J

- Awesome as 'dance' and examples are included here. Same can be done at K-3rd Grade.

Grade 4.2.D

- 'describe key elements of mature movement patterns...' – age appropriate? My suggestion = 'recognize' instead of 'describe'

Grade 4.4.F & 4.4.G

- How will this 'explained'? Perhaps best here to state 'recognize'
- If 'explain' will stay, then in what way or method will this explanation take place?

Grade 5.1.D

- Use of 'stilts' a concern to me. Are teachers qualified to teach this potentially dangerous activity?

Grade 5.1.I

- Great that students are expected to 'perform selected folk dances'. However, we should list some specific options that can be researched by physical education teachers

Grade 5.2.A

- Concern with the inclusion of the 'handstand'. While great gymnastics technique, if improperly taught, can lead to serious neck injury. Many kids do not have the sufficient strength to perform this technique correctly.

Grade 5.4.D

- 'define the principle of frequency, intensity, and time' sounds like high school physics. The word 'define' could be replaced...possible solution = 'witness'

Grade 5.6.A

- 'net/wall, invasion, target, and fielding games' – like this, but would probably require some in-servicing

Grade 6.1.D

- 'move in time to complex rhythmical patterns such as $\frac{3}{4}$ time or $\frac{6}{8}$ time' – (Seems complicated)...do we really need this? Can it be rephrased?

Grade 6.1.I

- 'hand and foot dribble' – can we be more specific? Basketball dribble with hand and soccer dribble with foot

Grade 6.1.J

- 'football' has an odd shape...in my opinion, should not be used for this (keeping an object in the air without catching it. Possible solution = beach ball

Grade 6.2.A

- 'know that appropriate practice in static and dynamic setting...'
- How do we know they 'know'... how will this be measured?

Grade 6.3.D

- 'heart rate monitors', 'skin-fold calipers', 'impedance testing equipment'...are these really available to physical education teachers? Should they be?

Grade 6.4.D

- 'heart rate monitors', 'perceived exertion scales' ...are these readily available to physical education teachers? Should we expect them to be?

Grade 7.1.C

- Concern – use of 'disc' in regular physical education class dangerous. This skill should, in my opinion, be reserved for extra-curricular track. In this extra-curricular setting, this device can be safely used

Grade 7.1.H

- Not comfortable holding all students accountable for these outdoor skills since different parts of Texas vary so much. That being said, maybe we include some skills that include all.

Grade 7.2.A

- 'cartwheels' a concern, but possible if teachers are well versed in safe gymnastics techniques.

Grade 7.2 & 7.3

- Would be great if we included a student expectation involving 'dance'...perhaps 7.2.H & 7.3.F

Grade 7.4.F

- 'weight training principles' requires clarification. Weight training, if performed inadequately, can be dangerous. Perhaps we be more specific...squats and bench press using a stick, etc.

Grade 7.5.D

- How will students 'analyze' – (clarify)

Grade 7.6

- 'dance' mentioned in knowledge & skills, but not included in student expectations. Again, kids love to dance...can we include?

Grade 8.1.C

- Concern, again, with use of disc. My experience has been witnessing serious injuries with those who are highly trained. Physical education classes not the appropriate place for throwing discs. Let's save this for after school track specialists.

Grade 8.1.H

- Are students really going to 'demonstrate' this? If so, is their sufficient time for this?

Grade 8.2.A

- 'cartwheels' could still be a problem here...requires some expertise in gymnastics

Grade 8.2

- My opinion...add a 8.2.H (dance movement)

Grade 8.4.E

- 'basic weight training principles' needs to be described to our educators. Unsafe weight training at a young age can lead to injury

Grade 8.6

- My opinion...add a 8.6.C (dance for social development)

Grade 9.1

- In my opinion, add a student expectation for 'dance movement'

Grade 9.2

- In my opinion, add a student expectation for 'dance' (social development)...possible dances could include various line dances

Grade 9.3.A

- 'spotting during gymnastics' – only students with a strong gymnastics background should be expected to do this (suggestion – eliminate)

Submitted by David Cantu

Grade 9.5.E

- 'explain myths'?? – perhaps 'recognize myths' would be more appropriate

Team Sports 4.A

- 'individual sports'?? – did we mean to say 'team sports'?