**Suggested “*School At Home” Day* for 3- or 4-Year-Old Student**

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| **Time Frame** | **Activity** | **Explanation** |
| 8:00-8:30 | Preparation for and Eating Breakfast | Student helps in the preparation of the food, assists in cooking the food, sets the table, eats breakfast and cleans area with family members (focus areas: vocabulary, oral language, counting, and measuring) |
| 8:30-8:45 | Student watches or hears “Message from Teacher” | Teacher delivers a message for the students that sets the tone for the day. The message encourages the students and family members and discusses what will be learned in the day |
| 8:45-9:00 | Student participates in Read Aloud | Teacher assigns book to be read to student using books provided to student or from digital platforms, i.e. YouTube |
| 9:00-10:00 | Student chooses and participates in play activities that are done independently or with siblings | Family member chooses four-five play activities that align with the district’s curriculum and/or the Scope & Sequence document provided by the school. These five activities could include the following: (this is not an exhaustive list)   * Pretend activity (dramatic play) * Math activity * Literacy activity * Science activity * Art activity * Writing activity |
| 10:00-10:30 | Student gets some physical exercise | Student can play outdoors, take a walk, participate in a music & movement video, etc. |
| 10:30-11:00 | Student participates in one-to-one instruction | Teacher assigns a one-on-one activity for the student to complete with the assistance of a family member. These direct assignment activities could be accessed from:   * Digital portal that is aligned with school’s curriculum or * [www.cliengagefamily.org](http://www.cliengagefamily.org) or another digital platform |
| 11:00-11:30 | Preparation for and Eating Lunch | Student helps in the preparation of the food, assists in cooking the food, sets the table, eats lunch and cleans area with family members (focus areas: vocabulary, oral language, counting, and measuring) |
| 11:30-11:45 | Student participates in Read Aloud | Teacher assigns book to be read to student using books provided to student or from digital platforms, i.e. YouTube |
| 11:45-12:45 | Rest time | Student may sleep, listen to music or engage in a quiet activity, i.e. looking at books or completing a puzzle |
| 12:45-1:45 | Student chooses and participates in play activities that are done independently or with siblings | Family member chooses four-five play activities that align with the district’s curriculum and/or the Scope & Sequence document provided by the school. These five activities could include the following: (this is not an exhaustive list)   * Pretend activity (dramatic play) * Math activity * Literacy activity * Science activity * Art activity * Writing activity |
| 1:45-2:15 | Student participates in one-to-one instruction | Teachers assigns a one-on-one activity for the student to complete with the assistance of a family member. These direct assignment activities could be accessed from:   * Digital portal that is aligned with school’s curriculum or * [www.cliengagefamily.org](http://www.cliengagefamily.org) or another digital platform |
| 2:15-2:45 | Student gets some physical exercise | Student can play outdoors, take a walk, participate in a music & movement video, etc. |
| 2:45-3:00 | Student watches or hears “Message from Teacher” | Teacher encourages students and family members and discusses what was learned in the day |