

Guidelines for Content Advisor Feedback on the Health Education Final Recommendations

Please review the final recommendations for the Texas Essential Knowledge and Skills (TEKS) for health education, kindergarten - grade 12, as applicable, and respond to the following questions. In your feedback please indicate the specific grade level/course and student expectation number you are referring to, as appropriate.

Overall, this process the SBOE uses is quite extensive and very effective for providing input from all sources. Specifically, WG F has done a mostly good job in their recommended changes/additions.

1. Do the revisions support or improve the complete and logical development of health education concepts? If not, what suggestions do you have for additional improvement?

RECOMMENDATIONS:

Strand 6

(22) Reproductive and Sexual Health: Personal Safety, Limits and Boundaries

Agree with topic of communication-refusal skills, setting limits and boundaries Covered well in 5 (C,D,E), 6 (E,F,G), 7-8(F,G,H,I), H1(F,G,H). There are extensive references to refusal skills, safe and personal boundaries, setting limits in the SE's. Therefore, recommend DELETE consent from the topic of decision-making in 6(H), 7-8(J), H1(I, J)

Agree with concept in 7-8(I) why individuals should use skills to refuse sexual contact. Would not use the word "right".

Agree with addition 7-8(J) and H1(J) to explain positive and negative peer influences regarding personal boundaries but DELETE consent.

The introduction of consent is unnecessary and redundant. It also encourages moving toward sexual behavior that is better to delay (avoid) because of the risks (discussed in other SE's)

(24) Reproductive and Sexual Health: Sexual Risk

Topic STI's treatment: Agree with adding identifying community resources and minors' rights but would ADD in 7-8(H), H1(G) an encouragement to seek support from parents. Students have the right to anonymous treatment but should be encouraged to seek support from parents even when accessing care.

Also agree with adding in 6(E), 7-8(J), and H1(I) parental support in practicing and/or returning to abstinence.

Topic of Prevention

- Abstinence from sexual activity

- Types of contraceptives

In 6(G), disagree with calling abstinence a contraceptive method. I believe it is a lifestyle choice not technically a contraceptive.

I do, however, support the discussion of contraceptive methods in the 6th grade. I agree with adding risks and failure rates (human use reality rates) in 7-8(L) and H1(K) in discussions about contraceptive methods.

Recommend adding back in side effects in H1(K). Should be discussed when hormonal methods of contraception are covered.

2. Have the correct vocabulary and terminology been used throughout the revisions to the recommendations?

RECOMMENDATIONS:

Strand 1: Physical Health and Hygiene

(2) Personal Health and Hygiene

Topic preventative health

DELETE heart disease and stroke from 2(E), 3(F) and 4(E). Agree to keep them in 6(F).

Heart disease and stroke not appropriate in 2nd, 3rd and 4th grades except to discuss how to prevent them which is addressed elsewhere. Agree with asthma, diabetes and epilepsy in early grades.

Strand 4: Injury and Violence Prevention and Safety

(13) Healthy Home, School and Community

DELETE drugs in 6(D), the topic is weapon awareness.

Strand 6: Reproductive and Sexual Health

(21) Healthy Relationships

Recommend deleting healthy families which was added to marriage topic by WG F.

Recommend deleting committed relationships 6(F), 7-8(G), H1(F).

Note: content advisors made this same recommendation to delete after discussion of introduction by WG E

4. Are concepts introduced at the appropriate grade level in the revisions?

Yes, I believe they are.

5. Are the revisions to the student expectations (SEs) clear and specific?

Yes, I believe they are.

6. Are there any remaining gaps that should be addressed?

No more than what I have addressed in questions 1 and 2.

7. Do you have any final suggestions for ways in which the health education TEKS can be improved?

No more than what I have addressed in questions 1 and 2.

For completeness, I have provided below my agreement for changes/additions to other SE's. I felt it was important to support the hard work that has been done.

Strand 2

- (3) Agree with conflict resolution additions K(F), 1(G), 2(G) and 5(G)
- (5) Agree with brain development additions K(F), 1(G), 2(G) and 5(G)
- (6) Agree with additions re: positive stress: 1(B), 2(B), 3(C), 4(B), 5(B) 6(D), 7-8(B), H1(A)
- Agree with putting eating disorders here: 3(E), 4(D), 5(D), 6(F), 7-8(D), H1(C)
- Agree with self harm additions and changes/suicide prevention changes

Strand 3

- (7) Agree with changes/additions re: portion control, sugar, caffeine
- (10) Agree with additions in chronic conditions topic in K-3rd
- Agree with deletions here (since moved) re: eating disorders

Strand 4

- (12) Agree with personal space additions in K-4th
- (14) Agree with additions re: digital and online
- (15) Agree with bullying, cyber-bullying and harassment section

Strand 5

- (16) Agree with including combining drugs 6(A) and 7-8(A)
- Agree with deletion of 5(C) of physiological effects of Rx and OTC drugs since added to 6(D)

Strand 6

- (21) Agree to include marriage topic 5(A), 6(A), 7-8(D,E), H1(C,D)
- (22) Agree with changes 5(A) and addition in H1(A)
- Agree with changes/additions 6(B), 7-8(B) and H1(B)
- Agree with changes/additions 5(B), 6(D), 7-8(D,E), H1(C,E)
- (23) Agree with additions topic puberty and adolescent development 4(A,B), 5(A)
- Agree with addition 5(D), change 6(D), addition 6(E), 7-8(E), H1(D)
- Agree addition mood disorders in pregnancy 7-8(I), H1(H)
- (24) Agree add life goals 6(B), parenting 7-8(C), and H1(B)
- Agree with changes especially adding modes of transmission 7-8(E), H1(D), listing STI's 7-8(F) and H1(E) AND screening treatment 7-8(G), H1(F)
- Agree with HPV vaccine teaching 7-8(M) and H1(L)
- Agree with legal risks changes/additions, especially 7-8(P) legal age of consent

Submitted 8/24/20

Dr. Jack Lesch